


# A GIFT GUIDE THAT'LL MAKE SANTA PROUD

FROM THE TECH LOVERS TO THE ECO-FRIENDLY, METRO'S HOLIDAY GIFT GUIDE HAS SOMETHING FOR EVERYONE PAGE 58-65



CALGARY metro®

WEEKEND, Nov 30-Dec 2, 2012

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## METRO IN MOVEMBER

Metro Calgary staff members, from left, Blaine Schlechter, Jeremy Nolais and Jamie Price were among thousands in the city who sacrificed their upper lip to raise a little money in the fight against prostate cancer this month. For more on Movember and how Calgarians are gearing up for the annual shave day on Dec 1., head to page 6. ROBSON FLETCHER/METRO

# Pressure mounts on premier

**Facing heat.** Alberta NDP says Redford must step aside to clear her name in patronage scandal

**Quoted**

**"This is the biggest scandal in the premier's office in my lifetime."**

Wildrose house leader Rob Anderson

Premier Alison Redford — fending off accusations she had been caught red-handed in a scandal involving her ex-husband — faced calls Thursday to step down and be cited for contempt of the legislature.

"There is overwhelming evidence that the premier lied," claimed NDP Leader Brian Mason, speaking to reporters.

"This is one of the most serious situations that I have ever seen affecting a premier. I'm today calling on Premier Redford to step aside until this matter is properly investigated."

Redford insisted for a second day that she told the truth about not picking her ex-husband's law firm to handle the Alberta government's lawsuit against big tobacco while she was justice minister in 2010.

The opposition Wildrose party asked Speaker Gene Zwozdesky to find Redford in contempt of the legislature because it says she misled the house about her involvement.

"This is the biggest scandal in the premier's office in my lifetime," Wildrose house leader Rob Anderson told reporters.

"This is brutal. There's no other way to describe it."

Redford dismissed calls from the opposition that she had lost credibility to lead.

THE CANADIAN PRESS






The 5th Avenue flyover carries traffic out of downtown. Council is mulling a plan that would see lanes reversed to increase traffic flow during rush hour.
CANDICE WARD/FOR METRO

# Lane reversal on 5th Avenue flyover floated

**'Quick wins.'** Mayor asks city staff to look for traffic-flow ideas that give big bang for few bucks



ROBSON FLETCHER
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Reversing a lane or two on the 5th Avenue flyover during rush hour is one of several suggestions council has floated for using $2 million now earmarked for optimizing traffic flow.

The idea was discussed briefly during budget discussions this week, and Mayor Naheed Nenshi described it as an interesting possibility.

Ald. Gian-Carlo Carra, whose ward includes the flyover, said Thursday he's "100 per cent" behind the idea.

"I'm all for doing these intelligent transportation solutions that don't require us to build more infrastructure," Carra told Metro.

"We're doing things like that all over North America, and where we've done it here in town — like with Memorial Drive (lane reversals) — it's been really good."

Council voted on Wednesday to devote some of its capital funds toward "intelligent congestion reduction solutions."

And while $2 million on a $3-billion budget might not sound like much, John Bolger, the city's manager of traffic optimization, said "that can go a long way."

The city undertook 14 traffic-optimization projects in the past year at a cost of $14 million, Bolger said.

Building a single new interchange, he added, can cost between $40 million and $60 million.

While making smaller tweaks to traffic flow is not a long-term solution, Bolger said it can have a big impact in the medium term with minimal cost.

That's exactly what Nenshi hopes to achieve with the $2 million. He described the money as being targeted to achieve "quick wins" on easing traffic congestion in numerous potential areas across the city.

"So, for example, are intersection improvements on 14th Street S.W. at Heritage, Southland and Anderson," the mayor said.

**Playing it in reverse**

- A lane reversal has been in effect on the 5th Avenue flyover in the past, traffic optimization manager John Bolger said.
- That occurred during the early phases of construction on The Bow downtown, during which time a section of 6th Avenue was closed.

## Cause-of-death exams. Pathologist's findings under review

Crown prosecutors are poring over the work of a former Calgary-based pathologist after a review panel deemed his findings "unreasonable" in 13 cases, including three homicides.

Dr. Evan Matshes, who worked in the local medical examiner's office for less than a year, was involved in 426 death investigations, including 16 criminal prosecutions, said Michelle Davio, spokesperson for the Ministry of Alberta Justice and Solicitor General.

"To date, no criminal prosecutions have been re-opened, nor have any cases been lost fully due to evidence provided by Dr. Matshes," Davio said.

Questions surrounding Matshes' work were raised during a separate review of one of his peers, Dr. Michael Belenky.

Belenky was sued for $2 million in damages this year by the family of a deceased toddler. The family claimed he wrongfully classified the youngster's death as a homicide. The statement of claim said that as a result of the ruling, the child's caregivers had lost custody of another child for two years and suffered greatly from loss of reputation and depression.

Ian Savage, co-president of the Calgary Defence Lawyers Association, deemed the findings in the Matshes review concerning.

"If there's even a small chance that testimony he gave in court, or reports that he prepared that were used in court, were incorrect in any way and led to the wrongful conviction of an innocent person, that's obviously something that needs to be rectified," he said.

JEREMY NOLAIS/METRO/WITH FILES FROM THE CANADIAN PRESS



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# Can Calgary end homelessness?

**Working poor.** Some homeless came to Calgary in search of opportunity and found jobs but not affordable rental accommodations



JEREMY NOLAIS
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Calgary's still a land of opportunity — that is, if you can afford it.

That's the message from local proponents — past and present — of the city's 10-year plan to end homelessness, which will mark its halfway point in January.

Tim Richter, who helped spearhead initial efforts to reach the plan's goals as head of the Calgary Homeless Foundation, was quick to admit there have been bumps in the road, especially this year.

A citywide count in August found there were 3,576 people living on Calgary streets, that's up from 3,190 in January.

As well, projections suggest the housing vacancy rate will land at 1.7 per cent this year and could slip a little further going forward.

**Target**

**1**

**The ultimate goal of Calgary's 10-year plan to end homelessness would see no individual or family stay in an emergency shelter for longer than one week before moving into an affordable home with the proper supports to stay there.**

"We haven't seen those numbers since 2006," said homeless foundation spokesperson Andrea Ranson. "Our shelter use had gone down, but it's coming back up. We had 250 new beds for this winter. As of November, they were all being used."

Shelter struggles have been reported elsewhere too. The Calgary Drop-In and Rehab Centre has routinely provided refuge for a full-capacity group of 1,170 people and shelters run by both the Mustard Seed and Inn From The Cold are also reporting increased demand.

"We've seen a dramatic jump in the number of meals we serve ... services for counselling, employment," said Debbie Newman, the Drop-In's executive director. "We see a great number of people living in the community who cannot financially make it on a month-to-month basis and they're coming to use those services."

Richter, who now heads the Canadian Alliance to End Homelessness, was quick to suggest "there's no silver bullet," but added that increased rental and affordable housing must be created through funding from all three levels of government and incentives must be provided for developers.

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"Many of these people are actually working but live in shelters, which causes another problem," said Dr. Ron Kneebone with the University of Calgary's School of Public Policy. "The government's got to be upset because this is not how they set up homeless shelters — to provide places for people to live who are working."

Richter actually predicted much of the homeless struggles seen in 2012 would occur, largely as a byproduct of the post-boom economy.

"It's not going to be easy — by any stretch," he said. "I have said to people if you can end homelessness in Calgary, you can end it anywhere."

WITH FILES FROM RYAN KESSLER/FOR METRO



Much work remains to get people off Calgary's streets and into affordable housing as the city's 10-year plan to end homelessness verges on the halfway mark. CANDICE WARD/FOR METRO

Follow Jeremy Nolais on Twitter @Metro_Nolais

# Alcohol-intake program could aid homeless fight: Addictions expert

Supplying homeless Calgarians suffering from addiction with measured doses of alcohol could help them get their lives back on track, an addictions expert suggested Thursday.

Similar programs are already in place in other major metropolitan areas — Toronto, Ottawa and Vancouver, among others — but Calgary has not experimented with such a model, Dr. Bernie Pauly said.

"These are people that may continue to lose their housing because of their drinking issues," according to Pauly, from the Centre for Addictions Research of B.C.

"You have to get them stabilized in housing. The managed-alcohol program can be a way to help them control their situation," she said.

**Quoted**

**"I saw the managed-alcohol program up in Toronto, so I've seen firsthand that it works."**

**Nicole Bealing, shelter co-ordinator at Alpha House**

Calgary does have one similar program at Peter Coyle Place — a subsidized housing residence for seniors, said Nicole Bealing, shelter co-ordinator at Alpha House in Calgary. Alcohol use at Peter Coyle is regulated by the complex's staff.

A representative from Peter Coyle was not available to comment Thursday afternoon.

"I saw the managed-alcohol program up in Toronto, so I've seen firsthand that it works," Bealing said.

In the past, Alpha House supported a different harm-reduction program. A group called Safeworks handed out crack pipes to homeless people to reduce the spread of HIV. That program was eventually shut down.

Five months after the Safeworks program was cancelled, the staff at Alpha House reported a rise in the number of homeless people using shared needles instead of personal pipes. RYAN KESSLER/FOR METRO

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# Downtown. Lunchtime parking may get cheaper



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Tacking on a pricey parking bill to lunchtime plans often keeps Calgarians out of the city's downtown core, but that could soon change.

At the urging of Mayor Naheed Nenshi, the Calgary Parking Authority is now exploring reduced rates or incentives for using its stalls around noon.

Nenshi raised the idea during budget discussions, in which it was revealed that the authority is projecting a revenue surplus of up to $7 million this year.

"One of the things we've heard a lot from downtown merchants is the $2 parking on the evenings and the weekends is great, but their other busy time is lunchtime and it's very, very difficult for people who don't work downtown or who aren't downtown anyway to come downtown at lunchtime to shop or to go to a restaurant," Nenshi said.

Parking Authority head Troy McLeod said a rate review will be undertaken by the organization's board of directors in the first quarter of 2013. He added that one potential avenue to reduce the lunch-hour cost burden could be a revenue-neutral trade-off involving the currently-free parking period between 7 a.m. and 9 a.m., which may run counter to the city's push for fewer vehicles and more alternative forms of transportation.

Last year, the authority introduced a new initiative offering $5 parking in the core on Friday afternoons in hopes of drawing heavier weekend crowds. McLeod said while the organization anticipated a revenue loss, it has actually generated a slight profit.

"We have heard great things from business owners about it," he said. "It's been, in my view, a win-win."

WITH FILES FROM ROBSON FLETCHER

**The spots**

- The Parking Authority owns nearly 13,000 stalls, most of which are located in the downtown core.
- Parking rates vary by location but on the higher end run between $2 to $3.50 per half-hour.

# Movember. Shave day for hairy men everywhere

Itchy upper lips will soon be a thing of the past for thousands of Calgary men participating in Movember.

"I'll be able to sleep on my face again," said Evan Polowick, who is likely one of many looking forward to the morning of Dec. 1 when razor meets moustache. "It'll feel great."

In preparation for the end of Movember — a month-long moustache-growing campaign to raise money and awareness about prostate cancer — owner of Best of 7 Barbers Richard Caruana said they've seen an influx of bookings.

"We have quite a few guys calling," he said. "Because it's such a busy day for it, a lot of guys have gone ahead and reserved their spot in line."

Linda MacNaughton of Calgary's Prostate Cancer Centre said they have been thrilled to see the growth of Movember in Calgary over the last number of years, and even benefit from several fundraisers throughout the month, but she hopes men don't forget about the cause once December begins.

"To me, it's an amazing phenomenon," she said. "Now, put your moustaches in motion and go get PSA (prostate-specific antigen) tested." Visit getchecked.ca for more information about getting tested.

KATIE TURNER/METRO



Lacy Kaiser, of Best of 7 Barbers, at 255 5th Avenue southwest, gives Shane Lokszyn a shave to end Movember. CANDICE WARD/FOR METRO

**Three suspects**

## Police arrest two more in Ryan Lane death



Ryan Lane HANDOUT

Two people have been arrested in connection to the death of a 24-year-old Calgary man.

Ryan Lane's remains were discovered on Nov. 22 after his disappearance in February and his death was declared a homicide.

Police say a man and woman were taken into custody Thursday in relation to his death. Another man was also arrested on Wednesday and charges are pending against all three suspects.

Further details won't be available until charges are laid. METRO

**Shop talk**

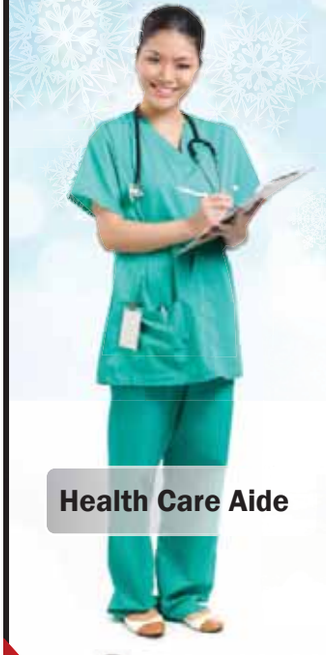
## Male, female shopping habits similar: Survey

The myth that women shop far more than men may officially be busted. Play Taxi Media, which runs a national network of touchscreens in cabs, surveyed more than 8,000 riders about their shopping habits.

While 42 per cent of women said they spend more than $2,000 a year on clothes, men are nearly on par, with 37 per cent saying they spend the same. And while stereotypes assume men drop their cash only a few times a year, women have proven to be seasonal shoppers as well. Only 16 per cent of respondents said they go clothes shopping on a weekly basis, 32 per cent said a couple times a month, and a whopping 52 per cent said they go on seasonal splurges. Winners is the favourite department store, with 40 per cent choosing it over The Bay, Holt Renfrew and Sears.

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# Market Collective finds new home base in Forest Lawn

**Art market relocates.** Move to the S.E. comes after conflict with Kensington Business Revitalization Zone



LISA WILTON
lisa.wilton@metronews.ca

Market Collective organizers announced a new location for their artist-driven fair just days before the first of three Christmas events is set to take place.

Co-founders Angela Dione and Angel Guerra said Thursday the popular art market had found a temporary home at 1720 Radisson Dr. S.E.

The group had originally planned to run Market Collective for three consecutive weekends at its former location, the old Ant Hill Fabrics building in Kensington, but ran into trouble with officials from the area business-revitalization zone, which opposed the hip arts and crafts fair having more than one date.

"We're really excited about this," said Dione, who tried more than 40 other venues before securing the former Ferarri dealership near 33 Street and 17 Avenue S.E.

"It's a great location and approximately the same size as our old place.

"There is a big open space on the main floor and a lot of interesting compartments."

"Many people and businesses have worked tirelessly to ensure the Market Collective can open this weekend," added Alison Karim-McSwiney, executive director of the International Avenue BRZ.

"It will introduce a lot of people to our vibrant, up-and-coming neighbourhood."

**Details**

- **Artist hub.** Market Collective features more than 200 artists, artisans and musicians, and takes place December 1, 2, 8, 9, 15 and 16.
- **Hours.** Doors open at 10 a.m. until 6 p.m. on Saturdays and 11 a.m. until 5 p.m. on Sundays.
- **Transportation.** The brightly coloured 'Bass-Bus' will provide free shuttle service between the Ant Hill Fabrics building in Kensington to the new Market Collective location in Forest Lawn.
- **Parking.** There are spaces in front of the building and on the street.



Angel Guerra, Alison Karim-McSwiney and Angela Dione are gearing up for Market Collective's first event at its new digs. LISA WILTON/METRO




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- Sunridge Mall
- Sunridge Mall – Kiosk
- Westbrook Mall – Kiosk

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- 105–802 Bow Valley Trail

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- 3918 White Mud & 17th St
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- 9774–170th St
- 10603–107th Ave
- 17551–100th Ave
- 14822 Stony Plain Rd
- 18559 Stony Plain Rd
- Abbottsfield Shoppers Mall
- Bonnie Doon
- Capilano Mall
- Edmonton City Centre
- Kingsway Mall
- Kingsway Mall – Kiosk
- Londonderry Mall
- Mill Woods Town Centre
- Northgate Centre
- Northgate Centre – Kiosk
- Oliver Square
- Sherwood Park Mall
- South Edmonton Common
- South Park Centre
- Southgate Mall – Kiosk
- St Albert Trail at 137 Ave
- West Edmonton Mall
- West Edmonton Mall – Kiosk
- Westmount Centre

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- 19 Riedel St
- Peter Pond Shopping Centre

GRANDE PRAIRIE
- Prairie Mall

LETHBRIDGE
- Centre Village Mall – Kiosk
- Lethbridge SmartCentres
- Park Place

LLOYDMINSTER
- Lloyd Mall

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- Carry Drive Plaza
- Medicine Hat Mall

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# Car-sharing has got a fan in me

**Car2Go.** An early adopter extols service



IN DEFENCE OF
Mike Morrison
calgary@metronews.ca

Over the past few months, Calgarians have no doubt seen the hundreds of white Car2Go smart cars zipping through our city's streets. The program is Calgary's first expansive car-sharing program and I hope its success will welcome similar businesses, as Calgarians begin to realize that living car-free, or close to it, is actually possible.

I was an early adopter of Car2Go. I did my research and realized that it could be a worthy alternative to my already barely driven car. Now, a quick visit to the site and you'll be amazed how quickly thousands of Calgarians have already signed on.

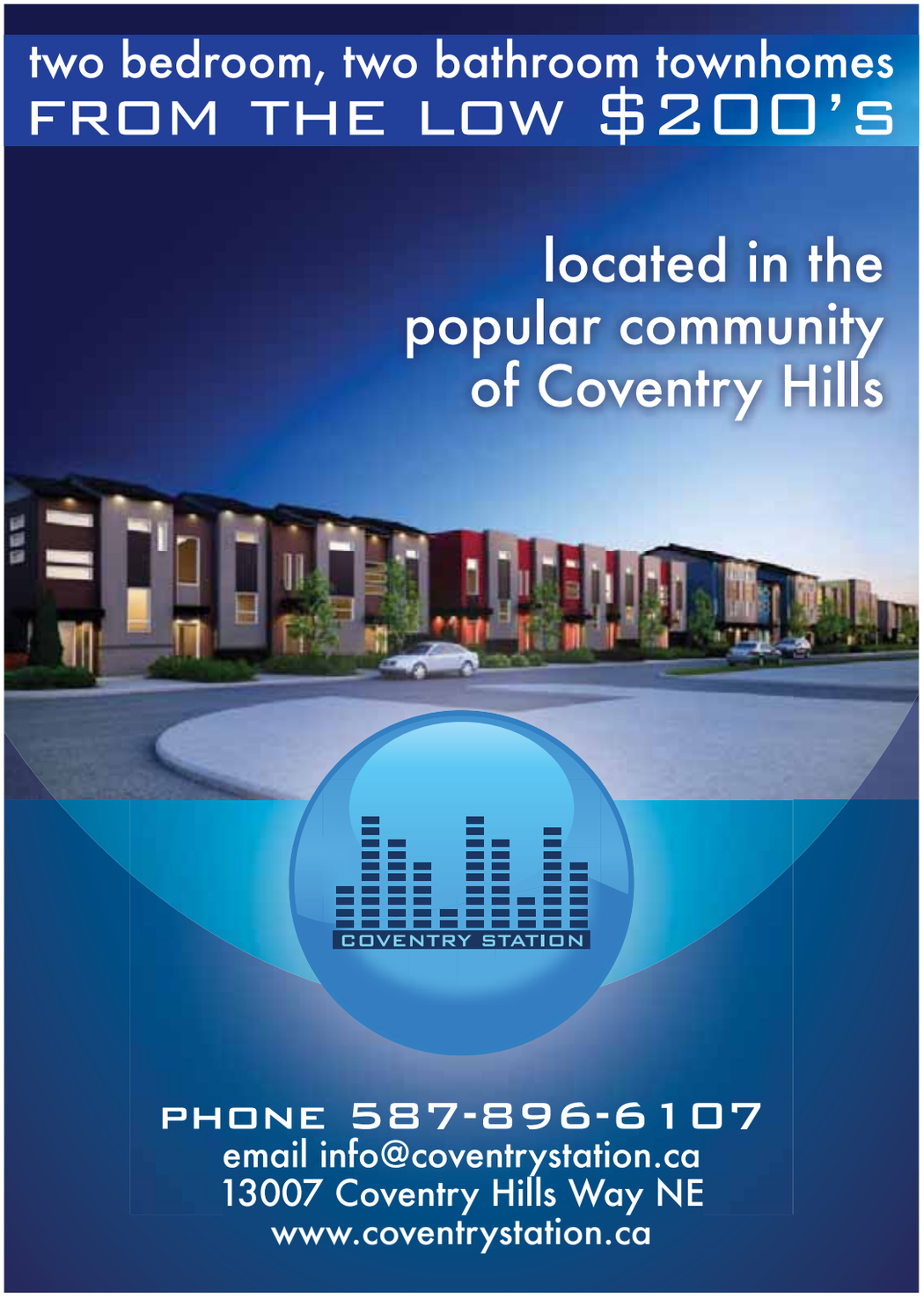
Car-sharing is particularly useful around this time of year, when holiday parties seem to be taking place every day of the week. Whether you mean to or not, over the next few weeks, you might be forced to leave your car and find a cab like every other holiday partygoer out there. In the morning — however hungover you might feel — services like Car2Go are perfect for picking up your car, after drowning in some greasy fast food first, of course.

But the business is not perfect. Members tend to get inundated with emails from the program, checking to see if we're satisfied. Often it feels like I'm in a needy relationship with someone that I have to pay to hang out with. If you live or work downtown, you can never really rely on the cars if you work regular hours. I swear people have altered their schedules just so they can take a car to or from downtown. By 7 a.m., the core is already flooded with the little white Smart cars, and by 3 p.m., they've simply disappeared into the abyss that is known as suburbia.

And if you have a Car2Go membership, you better get used to explaining the program. Every time I get out of a car, I'm approached by someone who wants me to go over how it works.

As kids we're taught the importance of sharing our toys. Now, as a grownup, if sharing means that I can save money and maybe lessen my carbon footprint, I'm more than happy to share my mode of transportation too.

MIKE MORRISON IS THE BALD HEAD BEHIND MIKE'S BLOGGITY BLOG. HE TWEETS FROM @MIKESBLOGGITY.




# Rare disorder. Baby girl undergoes experimental treatment in Calgary

An infant girl from Winnipeg has undergone an experimental transplant procedure in Calgary — believed to be the first of its kind in Canada.

Nazdana Jan was born with a urea cycle disorder, a genetic disease that causes ammonia to build up in the body.

Doctors at the Alberta Children's Hospital say if left untreated, the disease would lead to brain damage and death.

The best treatment is a liver transplant, but Dr. Aneal Khan says it is a very tricky procedure in such a small child.

**Quote**

**"We give the cells, which are basically a bag of liver cells that are taken from a liver donor, and inject them into a special blood vessel that goes into the liver."** Dr. Aneal Khan

So Khan, a medical geneticist, and other doctors performed a series of liver cell transplants, with the healthy cells keeping the baby's ammonia levels down.

The aim is to stabilize the baby's ammonia levels until she is big enough for a liver transplant, and Khan says the girl is currently doing so well, she is heading back to Winnipeg this weekend.

"She was really in hospital for only about seven days ... and she's actually been discharged from hospital and being monitored in clinic every few days," Khan said Thursday.

"If you were to look at her, for all intents and purposes, she looks like a normal healthy baby."

Liver-cell transplants have only been performed about 20 times around the world, Khan said, mostly in Germany and the United States.

THE CANADIAN PRESS

**Quick facts**

**Baby Nazdana Jan from Winnipeg recently underwent an experimental transplant procedure in Calgary.**

- **Rare condition.** About 50 babies are born in Canada each year with the urea cycle disorder, the hospital said.
- **Monitoring.** Baby Nazdana is now being monitored and, because the cell transplant is akin to a full organ transplant, is on anti-rejection drugs.
- **Incurable.** Ammonia is naturally produced in the human body. People with urea cycle disorders have a reduced ability to convert ammonia to urea, which is harmless. The condition is incurable and rare.



A doctor performs a liver-cell-injection procedure on an infant.

CONTRIBUTED BY ALBERTA HEALTH SERVICES

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# HPV sufferers endorse vaccinations by sharing their harrowing stories

**Medical traumas.**
Women open up about cancer, premature births that could have been prevented by immunization

**Quoted**

**"The vaccine is a gift.... I don't want to be the parent who has to watch their daughter suffer like I have and say, 'I wish I could go back in time and change it.' Because you can't."**

**Rose Penlington** on contracting the human papillomavirus, which in her case turned into cervical cancer.

LISA WILTON
calgary@metronews.ca

Audrey Farrier was shocked when her water broke only 22 weeks into her pregnancy.

Doctors did everything they could to delay the birth, but after five days in the hospital Farrier gave birth to her first son, Marco, who weighed a mere 690 grams.

In the first year of his life, Marco had 121 hospital appointments. He was fed through a feeding tube until he was seven years old.

He's now an exceptionally bright 20-year-old University of Calgary student, but Marco has suffered serious health problems his entire life.

It's a tough story to tell, but one Farrier is willing to share because she knows the reason behind his health issues is the human papillomavirus.

Farrier hopes her story will convince parents to allow their daughters to get the HPV vaccine, which had been banned by the Calgary Catholic School District up until Wednesday night, when the board overturned the ruling.

HPV can lead to cervical cancer if not treated early, but Farrier said people need to be aware of its other negative effects, including a weakened cervix, which is what led to the premature births of her two children.

"The laser treatments that were used to get rid of the HPV lesions damaged my cervix," said Farrier, who had surgery this past spring to "shore up" her pelvic floor with donor tissue.

"I didn't know how much it had weakened my cervix until years later when I had my first pregnancy and my baby nearly fell out."

Rose Penlington is also encouraging teenage girls and boys — and adult men and women under the age of 46 — to get vaccinated against HPV.

She said she contracted the virus through her unfaithful first husband. The virus developed into cervical cancer.

"I found the worst part was the radiation that resulted in partial blockage of the bowels, which caused me eight years of pain so severe I would literally lie on the floor and hallucinate."



Audrey Farrier, who is speaking out about how HPV has affected her life and the life of her family, poses with a box filled with hospital bracelets worn by her son during the many surgeries he underwent because he was born prematurely at 22 weeks. CANDICE WARD/FOR METRO

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# Personal lives played role in Catholic trustees' HPV decision

**Schools.** Catholic school district overturns vaccination ban after much consideration



JEREMY NOLAIS
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This decision was not taken lightly.

Those words from Calgary Catholic School District trustee vice-chair Linda Wellman Wednesday night rang very true for her and six fellow board members, who wrestled with not only their role as elected representatives but also considerations of faith when weighing whether to approve a program vaccinating against human papillomavirus (HPV).

Debate over the measure fired up again over the summer, nearly four years after the board rejected a program that would allow Gardasil, the HPV vaccine, into Catholic schools after consultations with medical professionals, parents and spiritual leader Bishop Fred Henry.

"I struggled with it," recalled trustee Lois Burke-Gaffney, who has represented the district since 1992. "In my own lifetime, I had a sister die of diphtheria (an acute infectious disease), my mother was terrified of disease after that.... I was the first kid taken to city hall to get the vaccine."

HPV has been widely linked to cervical cancer and recent studies appear to have diffused initial suggestions from Henry that vaccinating against the disease promotes promiscuity among teens.

On Wednesday night, trustees unanimously overturned the vaccination ban with the backing of parents from nearly every one of the district's 105 schools.

Fellow trustee Serafino Scarpino, who was vice-chair during 2008 discussions on Gardasil, referenced during Wednesday's meeting that his own daughter had only just given birth to a little girl two weeks prior.



Calgary Catholic school trustee Serafino Scarpino says he spoke frequently with his own family as the school district debated HPV vaccines. METRO FILE

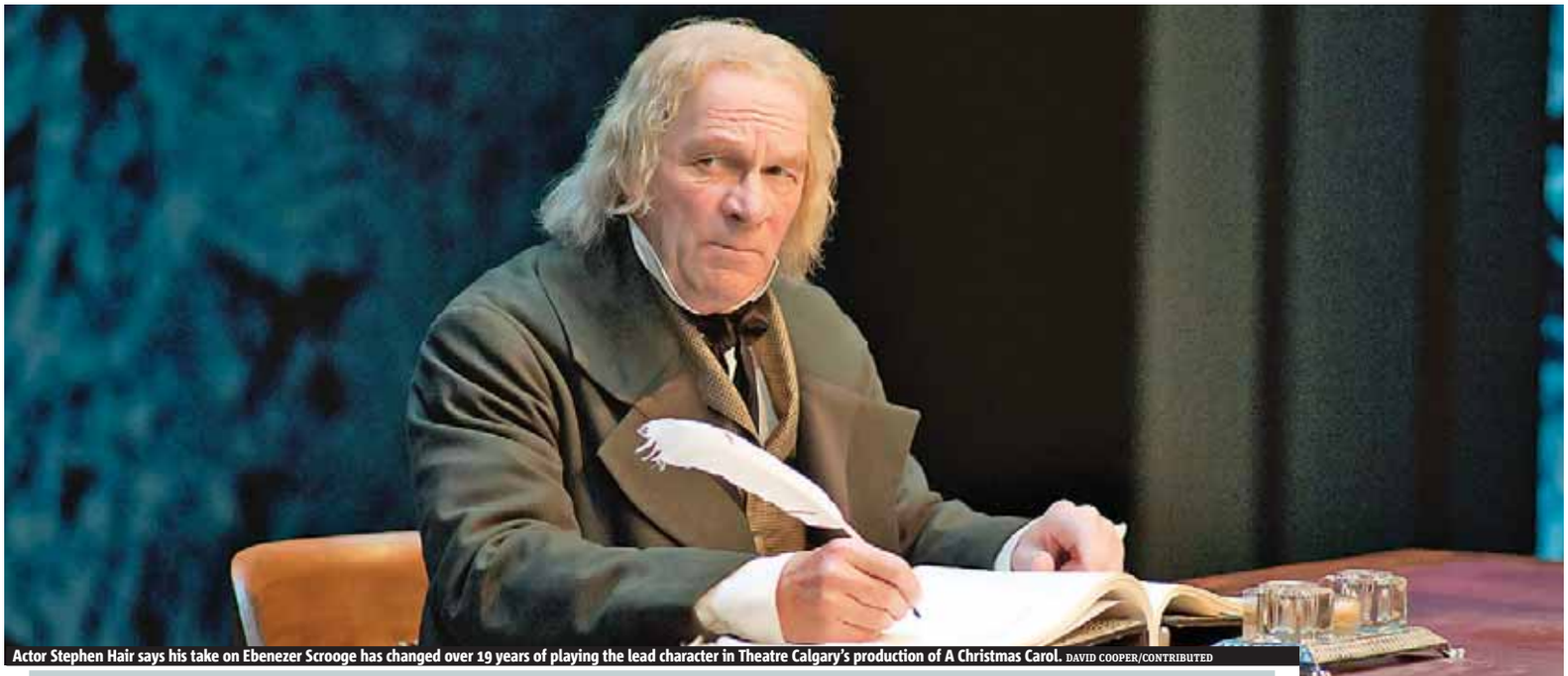
"I am still not sure how my daughter will look at it (the vaccine)," he said after the meeting, adding he discussed it at length with her in 2008. "Faith is important to us, but so is all of the medical research we are reviewing and updating. That may make a difference in her decision."

**Then and now**

## *Timeline of vaccine*

- **June 8, 2006**. Gardasil, the first vaccine against human papilloma virus (HPV), earns approval from the U.S. Food and Drug Administration.
- **Sept. 24, 2008.** The Calgary Catholic School District becomes one of two boards in Alberta to vote against offering a new, government-funded Gardasil vaccination program.
- **Oct. 20, 2008.** District spiritual leader Bishop Fred Henry writes a notice in support of school districts that voted against the program, claiming it had the potential to undermine Catholic teaching principles and promote promiscuity.
- **June 25, 2012.** With a majority of metropolitan Catholic school boards in Canada now offering a vaccination program, a new advocacy group, HPV Calgary, which was made up of medical professionals and concerned parents, renews calls for the Calgary district to follow suit.
- **Aug. 16, 2012.** Nearly two months later, with no response from the Catholic school district, HPV Calgary threatens to take legal action against the board under a claim its stance on HPV school vaccinations violates the Canadian Charter of Rights and Freedoms.
- **Oct. 15, 2012.** A major study from American health provider Kaiser Permanente that monitored the behaviour of nearly 1,400 girls aged 11 and 12 found no link between the HPV vaccine and sexual promiscuity.
- **Oct. 24, 2012.** Citing new research and support from Bishop Henry, Calgary Catholic trustees vote in favour of launching a consultation with parents to assess support for an HPV vaccination program.
- **Nov. 28, 2012.** With 91 of 104 reporting schools in favour, Catholic trustees vote unanimously to launch a vaccination program for Grade 5 students and to play catchup with older students wanting the vaccine who were missed over the past four years.





Actor Stephen Hair says his take on Ebenezer Scrooge has changed over 19 years of playing the lead character in Theatre Calgary's production of A Christmas Carol. DAVID COOPER/CONTRIBUTED

# SCROOGE GROWS UP

Actor finds classic Dickens' character has become more complex and three-dimensional with each passing year in his own life and each Theatre Calgary production of A Christmas Carol

## PLAYING LEAD FOR ALMOST 20 YEARS

LISA WILTON
lisa.wilton@metronews.ca

Theatre Calgary's A Christmas Carol is an annual tradition for many local families.

Much of its appeal lies with its star, Stephen Hair, who has played the misanthropic main character, Ebenezer Scrooge, for 19 years.

The 62-year-old actor has become synonymous with the long-running Theatre Calgary production — something he would have never expected when he first took on the lead role in 1993.

"It was terrible," says Hair of his Scrooge debut.

"It was the farce Scrooge. I'm kind of embarrassed about it, but that's what the director wanted."

Hair recalls having to wear a "big, white bouffant wig" and heavy stage makeup while hamming it up for the audience.

"It was like a Saturday Night Live skit," he says. "It didn't touch people. People laughed, and it was great fun. But it was over the top."

Hair has fine-tuned his performance in the years since, opting for a more realistic approach to the character.

He says as he's aged he's started to understand Ebenezer more as a person rather than just words on a page.

"I was 44 when I started playing Scrooge and I'm a completely different person now," he says.

"A lot of stuff has happened in my life and you sort of use that.... I don't judge him. He's just a guy. We've gotten far away from the stereotype of nasty old Scrooge."

Ryan Luhning, who appeared with TC's 1999 production of A Christmas Carol and has returned to the show this year, says Hair is one of the best actors he's ever worked with.

"He helped me through a lot back in my younger years as an up-and-coming actor," says Luhning.

"He is an icon of the Calgary theatre community and deserves it. To be specific, Stephen taught me that any theatrical production is not about the individual; it's about the whole group working together for the sole purpose of honouring the script."

Hair figures he'll hang up Scrooge's night cap at some point but says he enjoys the challenge of coming up with a fresh way of performing the character each year.

Theatre Calgary's A Christmas Carol runs until Dec. 23.

**Christmas classic**

- It's the local theatre company's 26th production of A Christmas Carol.
- Stephen Hair has acted in 23 of those productions and has spent the past 19 starring as Ebenezer Scrooge.
- There have been seven different stage adaptations of the story at Theatre Calgary. The latest premiered in 2011.
- More than 630,000 people have seen the show over the 26 years and 240 actors have appeared in one or more of those productions.



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Palestinians celebrate the UN vote in the West Bank city of Ramallah on Thursday. MAJDI MOHAMMED/THE ASSOCIATED PRESS

# Palestinians win UN statehood

**Landslide.** Only Canada, U.S., Israel, the Czech Republic, Panama and four tiny island nations opposed

The United Nations voted overwhelmingly Thursday to recognize a Palestinian state, a long-sought victory for the Palestinians and a diplomatic defeat for the United States.

The resolution upgrading the Palestinians' status to a nonmember observer state at the UN was approved by a vote of 138-9, with 41 abstentions.

A Palestinian flag was quickly unfurled on the floor of the General Assembly, behind the Palestinian delegation. In the West Bank city of Ramallah, hundreds crowded into the main square, waved flags and chanted "God is great."

Real independence, however, remains elusive until the Palestinians negotiate a peace deal with the Israelis, who warned that the UN action will only delay a lasting solution. Israel still controls the West Bank, east Jerusalem and access to Gaza and it accused the Palestinians of bypassing negotiations with the campaign.

The Palestinians still face enormous limitations. They don't control their borders, airspace or trade, they have competing governments in Gaza and the West Bank and they have no unified army or police.

The U.S. immediately criticized the vote. "Today's unfortunate and counterproductive resolution places further obstacles in the path to peace," Ambassador Susan Rice said.

Israeli Prime Minister Benjamin Netanyahu said the UN move violated past agreements and that Israel would act accordingly.

The Palestinians can now access UN agencies and international bodies, most significantly the International Criminal Court, which could become a springboard for going after Israel for alleged war crimes or its settlements on war-won land. THE ASSOCIATED PRESS

Domestic take

## *Canada considers retaliation*

Foreign Affairs Minister John Baird denounced the UN General Assembly Thursday for its "utterly regrettable decision" to allow the vote.

Baird also suggested Canada will take retaliatory measures against the Palestinians for forcing the issue onto the world stage. He didn't say what, but the obvious option would be suspending aid.

Baird said Canada was voting against the initiative because "we are firmly convinced (it) will undermine the objective of reaching a comprehensive, lasting and just settlement." THE CANADIAN PRESS


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Caught at border

## Cult kids return home to Canada

Ten children, aged two through seven, who were allegedly living in Arizona with followers of a self-styled guru have been returned to Quebec and placed in youth protection. Two more returned to B.C. and another two are still missing.

Marcel Pontbriand of Beloeil, Que., led the cult, which allegedly separated kids from their parents.

THE CANADIAN PRESS

Biohazard

## Man jailed for syringe assaults

A Quebec man who hid dirty syringes in clothing at a shopping mall has been sentenced to four years in jail.

Claude Letourneau had pleaded guilty to 32 counts of theft, assault with a weapon causing harm and assault with a weapon.

Several shoppers were pricked by the needles and had to undergo drug treatment.

THE CANADIAN PRESS

Salvation Army

## Second charged in $2M toy theft

A second person has been charged in connection with the theft of 100,000 toys and other items from a Salvation Army warehouse in Toronto, police said Thursday.

Umaish Ramrattan, 61, of Ajax, faces 40 charges, including several counts of theft and possession of stolen property, and is to appear in court on Jan. 4.

THE CANADIAN PRESS

Espionage

## Warrants for spy to be released

The federal Crown has consented to unsealing redacted versions of three search warrants used to obtain evidence against a navy officer who pleaded guilty last month to passing military secrets to Russia.

Sub-Lt. Jeffrey Paul Delisle pleaded guilty in October to passing information to a foreign entity and breach of trust for selling classified information. He will be sentenced Jan. 10.

THE CANADIAN PRESS

# Quebec holds blood for fear of contamination

**Concern at provincial blood-supply agency.** Tiny cracks in the packaging may have been the result of a manufacturing defect

Quebec's health minister offered assurances to patients on Thursday after the agency that oversees blood supplies in the province temporarily suspended use of some of its stock.

The problem has led to the postponement of some operations throughout the province.

"There is no contamination of the blood in Quebec," Health Minister Rejean Hebert told reporters in Quebec City.

"There is a problem with some batches of blood that could be contaminated, and we have withdrawn those batches of blood to be sure there's no problem."

Hebert insisted there is no risk to patients, adding that the agency, Hema-Quebec, has the reserves necessary to fulfil the needs of hospitals.

A Montreal health services spokeswoman said some elective surgeries at five area hospitals were delayed, including heart operations at three major Montreal hospitals.

A spokesman for Hema-Quebec said there was a problem with the equipment used to keep blood. Tiny cracks were found in some packaging used to store blood stock at a Montreal holding facility.

Laurent-Paul Menard said the blood, some of which had already been distributed to hospitals, risked being exposed to air, which creates favourable conditions for bacteria.

Menard said about 70 per cent of the agency's stock might be held for examination.

Hema-Quebec suggested the leaks in the bags appeared to have been a manufacturing defect. THE CANADIAN PRESS



A bag of blood is shown at a Montreal clinic on Thursday. Exposure to air could make a portion of the supply unusable. RYAN REMIORZ/THE CANADIAN PRESS

Suspended

**70%**

The amount of the agency's blood stock that might be held for examination due to fears of bacterial contaminants

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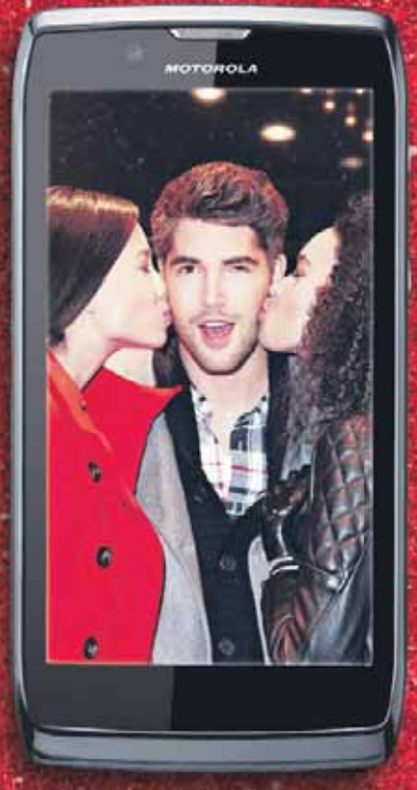
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# Making progress. Obama admin. says AIDs-free generation within reach


Barack Obama THE ASSOCIATED PRESS

The Obama administration is releasing an ambitious road map to slash the global spread of AIDS by getting more people treated sooner and accelerating the use of other proven tools.

Thursday's report outlines how progress could continue if U.S. spending remains constant — something far from certain as Congress and President Barack Obama struggle to avert looming budget cuts at year's end.

Secretary of State Hillary Clinton says the plan shows her call for an AIDS-free generation is a goal within reach.

Some 34 million people worldwide are living with HIV.

THE ASSOCIATED PRESS


Surface melt water rushes along the surface of the Greenland Ice Sheet through a supra-glacial stream channel in this July photo. Polar ice sheets are now melting three times faster than in the 1990s, but so far that's added just less than half an inch to already rising global sea levels, a new comprehensive scientific study says. IAN JOUGHIN/THE ASSOCIATED PRESS FILE

# Ice sheets playing larger role in rising sea level

**Climate change.** Melting ice now responsible for 40 per cent of overall sea-level rise, up from 20 per cent in the '90s

**Heating up**

**"Greenland is losing mass at about five times the rate today as it was in the early 1990s."**

Erik Ivins of California's Jet Propulsion Laboratory
on the increasing melting rate of ice sheets in Greenland and Antarctica

A study believed to be the most comprehensive ever done of the planet's ice sheets shows that, overall, they are melting faster and faster.

And as world leaders meet in Doha, Qatar, to discuss responses to climate change, the paper published Thursday in the journal Science shows the loss of ice from Greenland and the Antarctic is making an ever-greater contribution to rising sea levels.

"It's an observation with sufficient certainty to tell people the changes in the polar ice sheets are very much in line with what we expect those changes in climate to produce," said co-author Andrew Shepherd of the University of Leeds.

Shepherd was one of an international team of 47 scientists who combined a wide array of data from 10 satellite missions and other sources to provide the clearest picture yet of what has been happening with the massive sheets of ancient ice that help anchor Earth's climate at both ends.

Overall, the sheets have lost about 4,250 gigatonnes of ice since 1992, enough to raise the average sea level around the globe by 11 millimetres.

That may not sound like much, but Erik Ivins of California's Jet Propulsion Laboratory says it's enough to matter.

"When you have 11 millimetres of increased sea level, if you compute the amount of mass that's capable of coming on shore during storm surge, it's a lot of mass," he said. "Small changes in sea levels in certain places mean very big changes in the kind of protection of infrastructure you need to have in place."

THE CANADIAN PRESS


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Syrians stand near a burning truck that was destroyed by cars bombs in Damascus on Wednesday. Two U.S.-based Internet-monitoring companies say Syria has shut off online access nationwide. Activists in Syria reached Thursday by satellite telephone confirmed the unprecedented blackout. THE ASSOCIATED PRESS/SANA NEWS AGENCY

# Internet shut down in Syria as airport battle rages on

**Blackout.** Cellphone service also cut in attempt to block communications between rebel forces

The Syrian government shut down the Internet across the country and cut cellphone services in select areas Thursday as rebels and government troops waged fierce battles near the capital's airport, forcing international airlines to suspend flights, activists said.

The Internet blackout, confirmed by two U.S.-based companies that monitor online connectivity, is unprecedented in Syria's 20-month-old uprising against President Bashar Assad. Regime forces have suffered a string of tactical defeats in recent weeks — losing air bases and other strategic facilities — and the blackout may be an attempt by the government to dull any further rebel offensives by hampering communications.

Authorities often cut phone lines and Internet access in areas where regime forces are conducting major military operations to disrupt rebel communications. Activists in Syria reached Thursday by satellite telephone confirmed the blackout.

Renesys, a U.S.-based network security firm that studies Internet disruptions, said in a statement that Syria effectively disappeared from the Internet at 12:26 p.m. local time.

"In the global routing table, all 84 of Syria's IP address blocks have become unreachable, effectively removing the country from the Internet," Renesys said.

THE ASSOCIATED PRESS

**A council divided**

## Envoy to Syria says security council key to peace

Divisions in the Security Council are blocking progress toward ending the violence in Syria, and any cease-fire will require an international peacekeeping force, the United Nations envoy for the country said Thursday.

Lakhdar Brahimi said he has the elements for a possible peace plan, but they "cannot be put together until the (Security Council) has come together and is ready to adopt a resolution that will be the basis for a political process."

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## White Russia

Men try to push a car on a snow-covered road in Moscow on Thursday. A record-breaking snowfall in Moscow has disrupted flights and created havoc on the roads. Forecasters say the storm will rage until Friday morning. Moscow's city hall said the Russian capital hasn't seen a bigger snowfall in November in about 50 years. More than 70 flights were disrupted overnight. ALEXANDER ZEMLIANICHENKO/THE ASSOCIATED PRESS

# Moscow. Court orders removal of Pussy Riot videos from websites

The video of punk band Pussy Riot's performance in Russia's main cathedral is extremist and must be removed from the web, a Moscow court ruled Thursday.

Moscow's Zamoskvoretsky court banned the video of the group's February performance, ordering it and three other videos to be removed from all websites. Prosecutors began looking into the Pussy Riot videos after a nationalist lawmaker suggested that they insulted believers.

The performance was protesting Vladimir Putin's return to the presidency in March's election and the outspoken support for his bid by the patriarch of the Russian Orthodox Church.

Pussy Riot's videos were banned under Russia's vaguely defined "extremism" law, which is supposed to restrict neo-Nazi and terrorist groups. Critics accuse the Kremlin of exploiting the law to stifle opposition and free speech.

In September, Russian courts banned The Innocence of Muslims, a low-budget movie that portrays Muhammad as a fraud and child molester.

Internet providers will be required to block access to the Pussy Riot video in a month if no appeal is filed. Russian web guru Anton Nosik told the Interfax news agency that Russians would doubtless be able to access the video anyway on servers based outside Russia and not subject to the law.

Three members of Pussy Riot were found guilty of hooliganism motivated by religious hatred in August and sentenced to two years in prison in a case that drew condemnation from many in the West. THE ASSOCIATED PRESS



Supporters of Russian punk band Pussy Riot wear masks and tape their mouths shut as they protest in front of the Russian embassy in August. GETTY IMAGES FILE

Myanmar

## Police crack down on mine protest

Security forces used water cannons, tear gas and smoke bombs Thursday to clear protesters from a copper mine in Myanmar, wounding villagers and Buddhist monks in the biggest use of force against demonstrators since the reformist government of President Thein Sein took office last year.

The government initially acknowledged using riot-control measures but denied using excessive force. It later retracted the statement.

Protesters oppose the mine's impact on villagers and the environment.
THE ASSOCIATED PRESS

Cyprus

## Government ordered to pay deceived widow

Andriani Palma says she feels cheated for each of the 22 years she wasn't told her husband was killed during fighting in Cyprus in 1974.

Living with the hope he might return, she lived a kind of suspended animation, unwilling to remarry and move on. "They denied me my youth, the joys of being young, they denied me everything," she said. "We've lived a mockery all those years."

On Thursday, a court ordered the government to pay $417,668 in damages.
THE ASSOCIATED PRESS

Russia

## Barsik, the class lion cub

Most primary-school classes get a goldfish or a turtle, if they're lucky — but children from one village in southern Russia got to play with a lion cub.

Children found the cub Wednesday and brought it to their teacher, who kept it in the gym, police said. While waiting for police, children petted and played with the cub, named Barsik. One boy even tried to ride it like a horse while it mewled and swiped at the air. The cub had escaped from a car on the way to a zoo.
THE ASSOCIATED PRESS

Qatar

## Poet sentenced to life for politics

A Qatari poet was sentenced Thursday to life in prison for an Arab Spring–inspired verse that officials claim insulted Qatar's emir and encouraged the overthrow of the nation's ruling system, his attorney said.

It was the latest blow from a widening clampdown on perceived dissent across the Gulf Arab states.

The poet's lawyer said he planned to appeal.

Muhammad ibn al-Dheeb Al-Ajami, a student, was jailed after an Internet video was posted of him reciting Tunisian Jasmine, a poem lauding the country's popular uprising.
THE ASSOCIATED PRESS

# N.Y. cop praised as an officer and a gentleman

**Kindness goes viral.**
Police officer buys boots for barefoot homeless man on frigid night of Nov. 14

A tourist's snapshot of a New York City police officer giving new boots to a barefoot homeless man in Times Square has created an online sensation.

Jennifer Foster, of Arizona, was visiting New York with her boyfriend on Nov. 14, when she came across the shoeless man asking for change in Times Square. As she was about to approach him, she said the officer — identified as Larry DePrimo — came up to the man with a pair of all-weather boots and thermal socks on the frigid night. She recorded his generosity on her cellphone.

DePrimo, speaking to reporters on Thursday, remembered the night clearly, that even with two pairs of socks on, his feet were freezing.



This screenshot taken from Facebook shows policeman Larry DePrimo giving boots to a homeless man. THE ASSOCIATED PRESS

The homeless man "didn't even have a pair of socks on and I could only imagine how cold that pavement was," the 25-year-old said.

Foster's photo was posted Tuesday night to the NYPD's official Facebook page and became an instant hit. More than 420,000 users "liked" it as of Thursday evening, and more than 140,000 shared it.

Thousands of people commented, including one person who praised him as "An officer AND a Gentleman."

The photo shows the officer kneeling beside the man with the boots at his feet. A shoe store is seen in the background.

"I have these size 12 boots for you, they are all-weather. Let's put them on and take care of you," Foster quoted DePrimo as saying to the man.

She wrote: "The officer squatted down on the ground and proceeded to put socks and the new boots on this man. The officer expected NOTHING in return and did not know I was watching." THE ASSOCIATED PRESS



## Activists want action on tuna decline

Environmental activists depict a school of tuna during a rally outside the Japanese Embassy in suburban Pasay, south of Manila in the Philippines, Thursday. In their statement, the group demanded countries joining the ninth regular session of the Western and Central Pacific Fisheries Commission agree on conservation and management measures to address the alleged fast-declining supply of Pacific tuna. AARON FAVILA/THE ASSOCIATED PRESS

# Runaway equines captured

New York City can be like a zoo sometimes, but a zebra running wild through the streets is not something you ordinarily see.

The Staten Island Advance reports a zebra and a miniature horse were spotted trotting through a shopping centre parking lot Wednesday morning in Staten Island.

Metropolitan Drape & Blind owner Zachary Osher saw the runaway equines and shared his video with the newspaper. He says the animals narrowly escaped being hit by a car.

Police say the animals were corralled and returned to a petting zoo.
THE ASSOCIATED PRESS



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# Lotto ticket has tiny U.S. town abuzz



Powerball on-air talent Sam Arlen speaks as the $588-million US Powerball jackpot is drawn at the Florida Lottery on Wednesday in Tallahassee, Fla.
PHIL SEARS/THE ASSOCIATED PRESS

**Powerball jackpot.** Missouri town and Phoenix suburb hold the winning tickets worth $588 million US

The search is on for the newest multi-millionaires in the U.S., the holders of two tickets that matched all six numbers to split a record $588 million US Powerball jackpot.

Lottery officials said Thursday that the winning tickets matching all six numbers were sold at a convenience store in suburban Phoenix and a gas station just off an interstate highway in a small northwestern Missouri town. Neither ticket holder had come forward.

The mystery fuelled a giddy mood at the Trex Mart just outside Dearborn, Mo., as lottery officials and the media descended on the town of 500 people.

Cashiers Kristi Williams and Kelly Blount greeted customers with big smiles and questions about whether they had bought the winning ticket. No one had come forward to claim the prize by late Thursday morning, Missouri Lottery officials said.

"It's just awesome," Williams said. "It's so exciting. We can't even work."

Karen Meyers, a server at the Cook's Corner Cafe, where the daily special was roast beef and potatoes, said she didn't believe it at first when she heard the winning ticket had been sold nearby.

"I think it's wonderful! I hope someone local won it, not someone just passing through," she said. "It's a small town where everyone is really nice."

THE ASSOCIATED PRESS

# Saskatoon ouch! High school principal, staffers, wax legs for Uganda fundraiser



Roy Sondershausen, principal of E.D. Feehan Catholic High School in Saskatoon, winces in pain as he gets his legs waxed, raising money for 25 children in Kidera, Uganda.
MORGAN MODJESKI/METRO SASKATOON

Students from a Catholic high school in Saskatoon got a lesson about the importance of thinking locally and acting globally on Thursday.

E.D. Feehan students involved in the school's social-justice group are spearheading a project to raise money for soccer equipment for 25 children in Kidera, Uganda. As part of a pep-rally some of the school's staff got their legs waxed to raise funds for the cause.

Among them is Roy Sondershausen, principal of E.D. Feehan, who said this kind of activity is important for students.

"Our students, we would like them to reach out to transform the world all the time," said Sondershausen.

So far the students have raised roughly $775 for the Kidera Soccer Children in Uganda.

The school's teacher chaplain, Gayle Brodie, said the money will be used to buy materials for soccer bibs, purchase soccer balls and if possible, buy running shoes for each of the children.

MORGAN MODJESKI/METRO SASKATOON

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# New body needed to corral press: U.K. judge

**Media-ethics inquiry.** PM objects to report's key recommendation, citing free-speech infringement concerns

Britain's unruly newspapers should be regulated by an independent body dominated by non-journalists with the power to levy steep fines for ethical lapses, a judge recommended Thursday after a yearlong inquiry.

But Prime Minister David Cameron immediately expressed deep misgivings about a key recommendation in the report — that the new regulator be enshrined in law.

"I'm proud of the fact that we've managed to survive hundreds of years without state regulation," Cameron said.

The impasse left questions about the eventual impact of Lord Justice Brian Leveson's sweeping probe of media ethics in Britain. The inquiry was triggered by a tabloid phone-hacking scandal that expanded to engulf senior figures in politics, the police and Rupert Murdoch's media empire.

Leveson said a law should be established to prevent more people being hurt by "outrageous" press behaviour that had "wreaked havoc with the lives of innocent people whose rights and liberties have been disdained."

The report pleased victims of tabloid intrusion, but worries editors. THE ASSOCIATED PRESS

**Not just a few bad apples**



**While many editors have denied knowing about phone hacking, Lord Justice Brian Leveson said it "was far more than a covert, secret activity, known to nobody save one or two practitioners of the 'dark arts.'"**



In 2,000-page report on the ethics of the British media released Thursday, Lord Justice Brian Leveson said the press should be regulated by a new body with much stronger powers than the current Press Complaints Commission. GETTY IMAGES FILE

## Hostess Brands.
## Court approves Twinkie maker's bankruptcy

Hostess Brands Inc. got final approval for its wind-down plans in bankruptcy court Thursday, setting the stage for its iconic snack cakes to find a second life with new owners — even as 18,000 jobs will be wiped out.

The company said in court that it's in talks with 110 potential buyers for its brands, which include CupCakes, Ding Dongs and Ho Hos. The suitors include at least five national retailers such as supermarkets, a financial adviser for Hostess said.

Hostess also received approval to give its top executives bonuses totalling up to $1.8 million US for meeting certain budget goals to bring down costs during the liquidation. THE ASSOCIATED PRESS




Hostess Brands' Wonder Bread
PHOTO ILLUSTRATION JOE RAEDLE/GETTY IMAGES




## Air Canada.
## Direct flights to Istanbul will launch next summer

Air Canada is introducing direct service next summer to Istanbul, Turkey, and will use two new Boeing 777 aircraft to expand its reach into the lucrative Asia-Pacific market.

Year-round service to Istanbul three times a week from Toronto will begin June 4 and serve as a gateway to Central Asia, the Middle East and Africa with alliance partner Turkish Airlines. "Istanbul and Turkey is growing incredibly fast," said chief commercial officer Ben Smith.

Service from Calgary to Tokyo Narita will be upgraded to daily flights on Boeing 767 planes with the addition of two flights a week starting May 1. THE CANADIAN PRESS



This could be you: A couple looks over the Bosphorus in Istanbul, Turkey. GETTY IMAGES FILE

**Market Minute**

**DOLLAR** 100.73¢ (-0.09¢)

**TSX** 12,202.85 (+62.52)

**OIL** $88.07 US (+$1.58)

**GOLD** $1,729.50 US (+$10.70)

**Natural gas:** $3.65 US (-15¢)
**Dow Jones:** 13,021.82 (+36.71)

**XL Foods**

## Same rules apply to meat for export, domestic markets: Inspection agency

The Canadian Food Inspection Agency says the same safety standards apply to meat for domestic consumption and for overseas exports, and that reports to the contrary are "categorically false."

The embattled federal food safety agency is reacting to a media report that inspectors at the XL Foods processing plant in Brooks, Alta., were told to ignore contamination on cattle carcasses unless they were destined for Japan.

A memo to inspectors, dated September 2008, instructs them to ensure all "Japan-eligible" beef has been 100 per cent verified for removal of fecal, intestinal and spinal cord materials. The same memo tells inspectors at the Japan Dura Mater station on the production line to ignore such contamination for meat not destined for Japan.

But a spokeswoman for the agency says the memo was about division of labour, and that the Japan inspection station was not the end of the line.

Lisa Gauthier of the CFIA says in a release that there is "zero tolerance for any form of contamination" and that there are multiple points of detection along the processing line.

XL Foods was the scene of the largest beef recall in Canadian history this fall after meat contaminated with E. coli was stopped at the Canadian-American border in September.

People in at least four provinces were found to have been made ill by the E. coli strain and the XL plant only reopened at the end of October. THE CANADIAN PRESS

**Record annual profit**

## Royal Bank reports $1.9B net earnings in fourth quarter

The Royal Bank reported Thursday a record annual profit for its latest year, including $1.9 billion in the fourth quarter, powered by its personal banking business.

The first of Canada's big banks to report its fourth-quarter results said personal and commercial banking business earnings topped $1 billion for the quarter. THE CANADIAN PRESS

**Los Angeles**

## Former Baltimore Oriole indicted for insider trading

Former Baltimore Orioles all-star Doug DeCinces and three others were indicted Wednesday on insider-trading charges involving the use of information prior to the takeover of a medical device company in California, authorities said.

DeCinces, 62, was charged with 42 counts of securities fraud and one count of money laundering. THE ASSOCIATED PRESS

# 2009 Enbridge fire 'preventable,' watchdog says

**Ontario.** National Energy Board's report comes as company seeks approval for $6B Northern Gateway project

The National Energy Board says poor oversight and communication were to blame for an Enbridge natural gas pipeline fire west of Toronto more than three years ago.

In September 2009, a contractor was working on the line in Mississauga, Ont., and damaged part of it, causing gas to escape and ignite. A flame shot up 50 metres into the air.

"Examination of the evidence, documents gathered, and interviews conducted indicate that the incident was preceded by a number of contributing conditions and unsafe acts," the NEB said in a report released this week.

No one was hurt in the fire and the environmental impact was limited, but a building, vehicles and construction equipment were damaged. Nearby businesses, including a strip mall and daycare, were evacuated as a precaution.

In the report, the federal energy watchdog says the incident was "preventable."

"Though no people were injured and the incident resulted in minimal impacts to public safety, the environment or the economy, the potential impact of an event of this magnitude cannot be ignored," it said.

The NEB says Enbridge's gas distribution unit did not have a copy of its safety manual on site and didn't adequately communicate hazards to contracted workers or make sure they were following proper procedures.

"Interviews with (Enbridge Gas Distribution) staff, management and the contracted workers provided the evidence that there was inadequate communication between EGD field staff and the contractor," the report said.

The NEB report comes as Enbridge tries to win regulatory approval to build a controversial $6-billion pipeline connecting oilsands crude to the West Coast for export. Opponents say a spill from the line itself or from tankers along the coast could cause dire environmental harm.

THE CANADIAN PRESS

**Consequences**

- Both Enbridge and the contractor have pleaded guilty to violations under the Ontario Occupational Health and Safety Act.
- The Ontario Court of Justice has sentenced each to a $50,000 fine.




## What's their beef? Low wages, no union

**Protesters, many of them employees at Wendy's, demonstrate outside of one of the restaurants to demand higher pay and the right to form a union on Thursday in New York City. The campaign, called Fast Food Forward, organized protests at other New York fast-food establishments including McDonald's, Burger King, KFC, Pizza Hut, Taco Bell and Domino's. The group seeks to double hourly pay to $15 US an hour.** SPENCER PLATT/GETTY IMAGES

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# GOT MILKED? 'UDDERLY' AMAZING VIDEO GOES VIRAL



THE LIST
Neil Morton
metronews.ca

**1** **Leafs worth $1 billion.** The Toronto Maple Leafs franchise is now worth a whopping $1 billion, according to Forbes, making them the first team in the NHL to hit that figure. It's like the longer the Leafs go playing mediocre hockey and not making the playoffs, the more the brand is worth! Enough already.

**2** **TipMine.** From how to take a perfect basketball shot, to dealing with arthritis, to tricks to beating nail-biting, a new Canadian website called TipMine has advice on just about everything. And you can even submit your own text or video tips to share with others. So stop biting your nails and check it out.

**3** **#Babynames.** A couple named their newborn Like after Facebook last year, and this week it was revealed a couple who are obviously big Twitter fans apparently named their baby girl Hashtag — full name Hashtag Jameson. Just you wait: Someone in 2013 will name their baby Pinning after Pinterest.

**4** **The smile epidemic.** A social-innovation project based out of Waterloo, Ont., focuses on making people and organizations happy. The Smile Epidemic (@Smile__Epidemic on Twitter) suggests that doing simple things that make you smile for 30 days can change the way you look at the world. Go to TheSmileEpidemic.com to find out how to participate. And give a smile today.

**5** **Coldplay.** Many fans got a rush of blood to the head when the band announced it's taking a long break from touring. "This is the last big show for three years or so," the band's leader, Chris Martin, said at a recent show. Maybe Martin wants to spend more time with wife Gwyneth Paltrow having date nights in, listening to Coldplay songs like The Scientist.

**6** **150 Shades Of Play.** Sexperts Em and Lo are releasing a new book, 150 Shades of Play: A Beginner's Guide to Kink, an A-to-Z manual that serves as kind of a companion piece to the Fifty Shades of Grey trilogy — but with real advice and quality writing. It's already working: I am cuffed to a bed wearing a kinky costume talking dirty as I dictate this to my wife.

**7** **Chris Brown.** Imagine a Twitterverse free of Chris Brown? Well, that's the Christmas gift the R&B singer with massive anger issues gave us by deleting his account after sending misogynistic, violent tweets at comedian Jenny Johnson in response to much tamer tweets Johnson directed his way. Fingers crossed he never reactivates it.

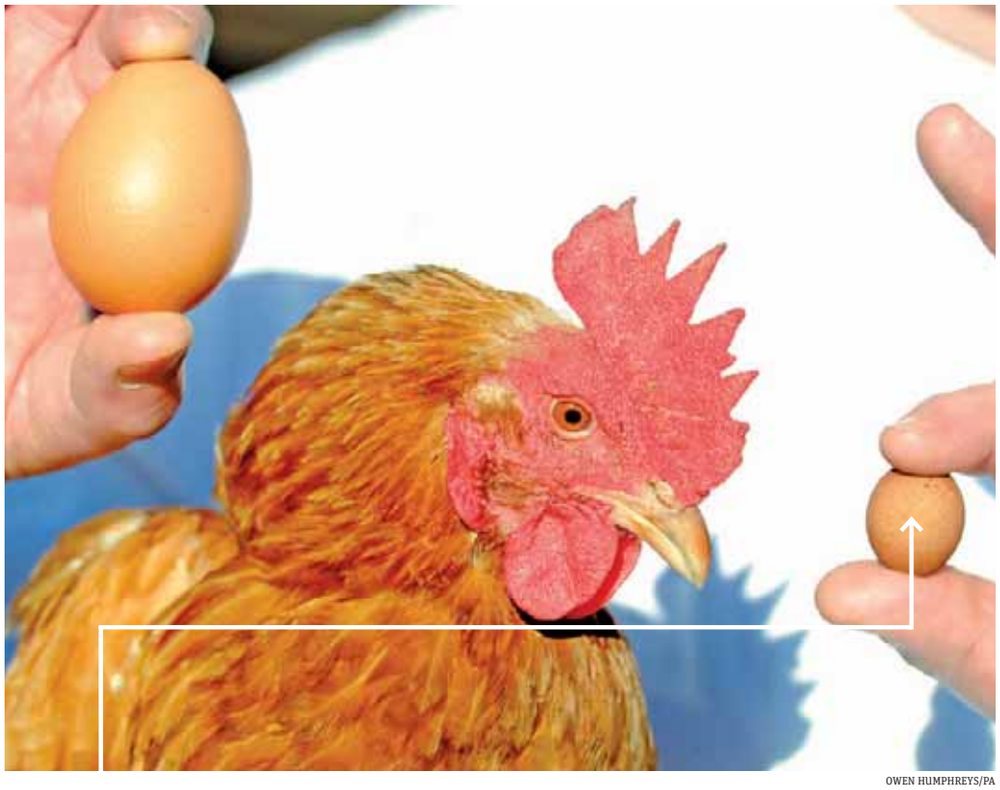
**8** **Milking.** The new planking is milking, which involves pouring containers of milk over your head in a public place. It originated with dudes in Newcastle, England. I think I did this as a submission move during a food fight in my high-school cafeteria in Peterborough, Ont., in 1988. So these Newcastle dudes totally ripped me off. They just weren't born yet to know it. The video now has almost half a million views. Watch the hilarity at metronews.ca.

**9** **Jenna Marbles.** If you haven't heard of entertainer/comedian Jenna Mourey, a.k.a. Jenna Marbles, you must check out her YouTube channel, which has nearly five million subscribers. With her (profanity-laced) social-commentary vids like Things I Don't Understand About Girls, and Apps Are Ruining My Life, she is hysterical fun.

**10** **Google's Mr. Dressup.** Google Canada celebrated the 85th birthday of the late Ernie "Mr. Dressup" Coombs on Monday by placing a doodle of him on google.ca, with puppets Casey and Finnegan. Mr. Dressup was an iconic Canadian children's show that ran from 1967 to 1996. If you want to know more about Ernie Coombs and his place in pop culture, Google him.

**11** **Lindsay Lohan.** The train wreck that is Lindsay Lohan had another normal week in the life that is Lindsay Lohan: She got arrested. Yes, late Wednesday night, she was arrested for allegedly punching a woman at an NYC nightclub. This girl needs the world's largest intervention ever.

# Tiny egg no small potatoes



OWEN HUMPHREYS/PA

**Record-breaking egg**

## Man thinks he has smallest hen egg

A bed-and-breakfast owner who believes he has found the world's smallest hen's egg confessed he took it in his pocket to show his pals at the pub.

Paul Rae found the dime-sized egg on Sunday alongside three normal ones in his henhouse at the business he runs with his wife, Margaret, in Humshaugh, Northumberland, northeast England.

METRO

**Owner's viewpoint**

## "After I found it I had a quick look online, then I took it to the pub. My friends said I should get in touch with the Guinness Book of Records."

**Paul Rae, 52, owner of the Walwick Farm House bed and breakfast**

Rae admitted he keeps his prized find more safely now. "I don't carry it in my pocket now; it's wrapped in cotton wool," he said.

**Other contender**

## Rival egg hopes to break record first

Rae's discovery comes at the same time Harry Evans found an egg that he claimed was barely larger than a dime at his farm near the market town of Bakewell, Derbyshire, central England.

"(Evans') weighed 7.3 grams but mine was just five grams," Rae said. "It's certainly not longer than 2.5 centimetres, which his was — it's less than that in length."

METRO

**Egg-laying business**

## Hen that laid egg remains a mystery

Now Rae is hoping to beat Evans to the record books.

"There is no category for the world's smallest chicken egg as far as I know, so I am going to try and get it recorded," Rae said.

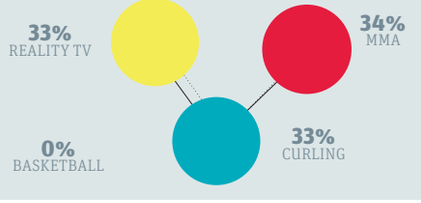
Yet sadly he doesn't know which of his four Lohmann Brown hens, named after his wife as Margaret's Girls, spawned the now-famous egg.

METRO

Metropolitan Panel

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## With the hockey lockout, what are you watching a lot more of?




**Twitter**

**@PrincessKaitss:**
Elf & Michael Buble. Is there anything better at the beginning of Christmas season? I think not. #yyc #dontargueitsafact

**@ryantoy:**
Wish there was live streaming of classes online for days like these... #uofc #yyc

**@AccousticVision:**
If your pants look like they're eating your crotch, just say no. #yyc

**@chfullerton:**
I love Calgary #yyc!! Some kind lady ahead of me in Tim Hortons drive thru, bought my coffee!

**@_JamieHyatt:**
#thatawkwardmoment when the table next to you is on a first date and the conversation goes dry #breakfastwoes I#yyc

**@Creepzilla71:**
Captain Kirk could stay in bed and do his traffic update from there.. It's slow and shitty everywhere. Thanks tips.. #yyc

metro

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Keira Knightley wears imperialist Russian style well in Anna Karenina. HANDOUT

Reel Guys

## RICHARD CROUSE AND MARK BRESLIN



# To Russia, with love

**Anna Karenina.** Luxe setting, costumes and Keira Knightley's cheekbones make for a screenplay that felt a bit too staged

**Richard:** Mark, the story itself is rather simple and has been told many times, so what distinguishes this version, aside from the cast (more on that later), is the sumptuous staging. Every frame of the film drips with beauty, from the sets to the clothes to Knightley's cheekbones. But that's to be expected from a big retelling of the story. What really captures my eye — and mind — is the unconventional way director Joe Wright has chosen to tell the tale. What did you think of the mix of reality and fantasy?

**Mark:** I think Joe Wright, to his credit, wanted to take the stiffness out of a classic. Setting the movie in a theatre is an unusual move, which makes it feel intimate but also a bit claustrophobic and gimmicky. Perhaps he was trying to say that people in pre-revolutionary Russia were forced to play their social roles and this is the undoing of Karenina. The theatre setting allows for some breathtaking transitions but sometimes left me scratching my head.

**RC:** It's a risky bit of staging to be sure, but I imagined I was watching an Anna Karenina opera, with all the implied drama and grandeur, but none of the music. I think it's a brilliant piece of staging for a story that has enough passion and tragedy for two operas. What did you think of Knightley? She has a face meant to be framed by fur hats and veils, but apart from looking the part, she carefully modulates Anna's descent from socialite to outcast with grace and dignity while allowing notes of frustration and misery to seep through.

**MB:** Your comment about music is interesting to me because at times I thought the actors were just about to break into song! I thought Knightley, who has to carry the movie, has the evanescent presence of a great silent movie actress. It was Vronsky (Aaron Taylor-Johnson) that felt miscast. He should be fatally dashing, but he just seems callow and expressionless. He's just not seductive enough to make me believe Anna would throw her life away for him. Jude Law, on the other hand, is perfect as the wronged husband. And it took a lot of guts for him to sport that hairline.

**RC:** You got that right. He does leave his matinee idol days behind with that haircut. I also liked Matthew Macfadyen, whose élan and rakish charm turns the womanizing Oblonsky into one of the film's high spots.

**Synopsis**

**Russian writer Leo Tolstoy's classic story set in imperialist Russia begins with a family in tatters because of marital transgression. St. Petersburg aristocrat and socialite Anna Karenina (Keira Knightley) travels to Moscow to visit her womanizing brother Oblonsky (Matthew Macfadyen) and his long-suffering wife Dolly (Kelly Macdonald). Her counsel saves their marriage, but the trip proves to be the undoing of hers.**

- Richard: ●●●●○
- Mark: ●●●○○

**MB:** There's great wit from a screenplay by Tom Stoppard and a sumptuous production design, but in the end — wow! — can Keira Knightley rock a hoop skirt.

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**Thriller**



## Killing Them Softly

**Director.** Andrew Dominik

**Stars.** Brad Pitt, James Gandolfini

Brad Pitt stalks around New Orleans as a hitman in Andrew Dominik's thriller, which drains the juice out of its underworld scenario by reminding us at every turn that it's actually an allegory about the American economy. The film is twisty and violent but also insufferably pretentious; it acts as if it's the first movie to equate crime and corporate thinking, when it's actually just the latest in a long line.

**ADAM NAYMAN**

# Filmmaker learns the hard way to Beware of Mr. Baker

**Documentary.** Jay Bulger delves into the personal life of Cream's explosive drummer Ginger Baker, and ends up with a broken nose

**PAT HEALY**
Metro World News in Boston

Jay Bulger deliberated about how much of a part he should play in Beware of Mr. Baker. The writer and director's debut documentary focuses on the impulsive and explosive life of drummer Ginger Baker, who is best known as the thunderous beat behind Cream, the 1960s band that defined the term "supergroup." It might at first seem superfluous to include the personal story of the filmmaker, especially because Baker is such a one-of-a-kind character whose history is dense with so much unabashed sex, drugs, rock 'n' roll and violence. But some of those forces inevitably leaked into Bulger's own life while making the film.

"I was like, 'God, I'm there so much and you hear my voice, I should probably show who I am,'" says the filmmaker. "And then when he broke my nose with a cane, I thought that was such an indicative moment of who he is and how he deals with people."

The assault begins and ends the doc, but between these personal bookends, Baker tells of a troubled childhood and how he escaped through an enchantment with rhythm and, soon after, heroin. Both are constants during his meteoric rise to fame and many falls from such dizzying heights.

Lounging in a leather chair in his South African home, Baker often berates Bulger. "It's like boxing," says Bulger. "Sometimes you've got to take a couple punches before you can get inside."

And he does get inside. The drummer opens up about the bridges he has burned between family and friends. Then Bulger interviews those same people, including bandmates Eric Clapton, Jack Bruce and Steve Winwood. That Bulger would do this is why Baker hits him.

"I loved the challenge of doing a movie about somebody who is so potentially unlikable," says the filmmaker. "As much as you want to hate him, you've got to love him because he still keeps going," says Bulger, "and he never compromises."

**Quoted**

**"Sometimes you've got to take a couple punches before you can get inside"**

Jay Bulger on putting up with Ginger Baker's abuse during filming



Cream drummer Ginger Baker is the subject of a new doc. GETTY IMAGES

**Quoted**

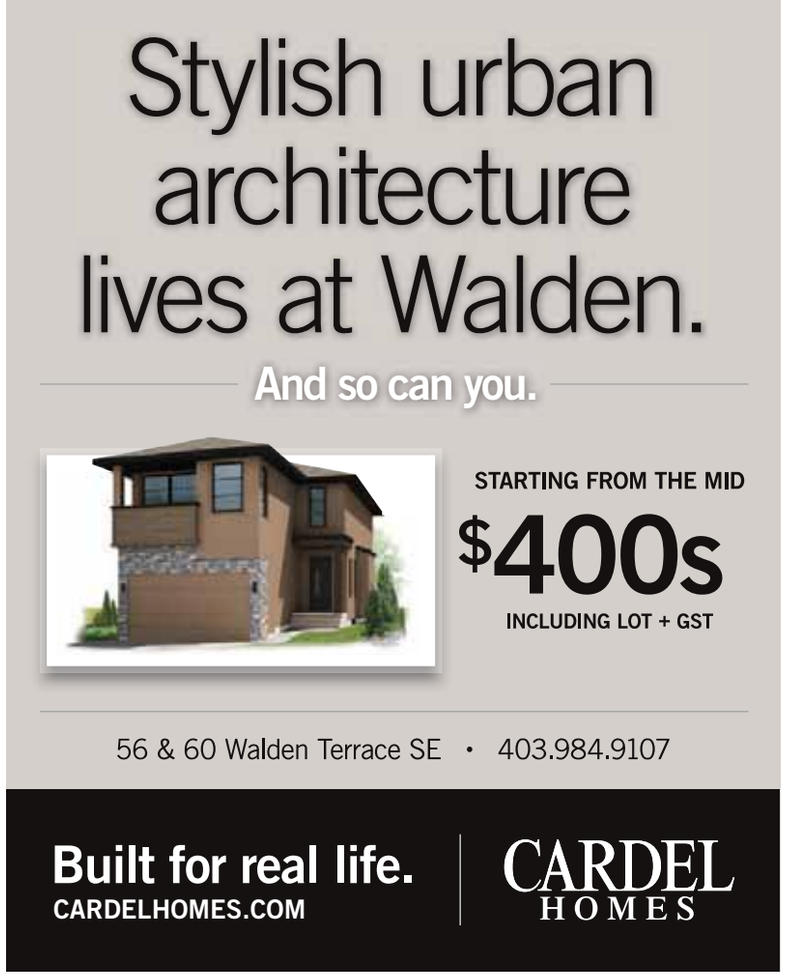
**"I'm definitely past halfway... I think about it very much as a father. You just want to be around to see (your children) do everything. If I have so many days left, how am I filling those days? I've been agonizing over that one a bit like I never have before."**

Brad Pitt, who stars in the new film Killing Them Softly, on his career and turning 49 in December.

**THE ASSOCIATED PRESS**





# Gerard Butler talks Playing For Keeps and men in the throes of midlife crisis

**Rom com.** Actor can relate to film's character — a former soccer star who causes chaos around him

ANNE BRODIE
scene@metronews.ca


In Playing For Keeps, Gerard Butler is an ex-soccer star trying to get his life back together in small town America. HANDOUT

Gerard Butler produced and stars in Playing for Keeps, a romantic comedy about an ex-international soccer star who returns to small-town America, where his son and estranged wife live.

As George discovers and Butler knows, being famous can create problems.

"You get that as an actor in my position," says Butler.

"You can cause a bit of chaos even with the best intentions wherever you go. (My character) George is chaotic on the inside and he causes chaos wherever he goes, but he's trying his best to take the right path. That right path is often blocked by those who would like to get their claws into him because he's an appealing character and yet in himself he doesn't feel that at all. That's what's interesting about him," he says.

**Catherine Zeta-Jones and Uma Thurman don't work often. How did you lure them back?**

I was kind of surprised myself. They were fun roles for them to get into, they are juicy comedic crazy roles and yet they speak to you in a way that's relatable. People get those characters, where they're coming from.... That's what I loved about this movie.

**What wisdom do you have for men in a midlife crisis?**

For a man, it's about growing up.

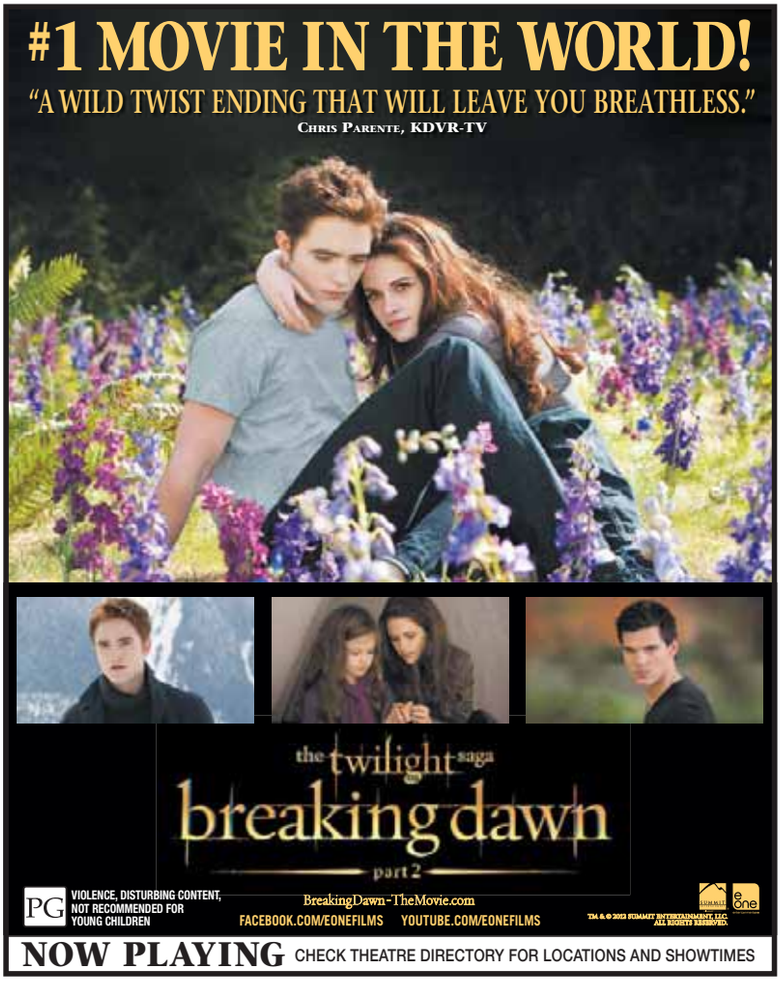
You want to keep the child in you, but at the same time you've got those quick fixes and learn about commitment and sacrificing something and ultimately going beyond distraction and love (to) family (and) career. ... But that's tough because in this life we live there are so many temptations and distractions and you can't deny it, they're fun and exciting. I'm thinking, 'Yes, that's it.'

I'm finally growing up and then for a long period of time I'm thinking I have no purpose, no real maturity, and I'm not handling my responsibilities very well.

**As one of the Sexiest Man Alive (2004) any words for Channing Tatum?**

That was a long time ago! Just be yourself and you're judged on that. If you have to try, it's pretty sad. I'm sure Tatum didn't have to try.



# JUMPSTART INVESTS $12 MILLION ACROSS CANADA








Canadian Tire Jumpstart has reached a monumental milestone: The national charity has helped more than 500,000 children across Canada between the ages of four and 18 take part in organized sports and recreation since its inception in 2005.

"This is a celebratory and significant milestone," says Bal Gosal, Canada's minister of sport. "Physical activity and access to sports for our kids is key to a healthier, stronger country. Canadian Tire Jumpstart is making a real difference in the lives of many young Canadians."

Thanks to generous donations as well as support from the Canadian Tire Corporation, dealers as well as vendors, Jumpstart has helped half a million kids participate in 78 different activities, from swimming and hockey to football and dance. By the end of 2012, Jumpstart will distribute $12 million back into Canadian communities to help kids who otherwise could not participate in having a sporting chance.

Jumpstart is unique in its ability to work in every community across Canada with 315 local chapters created and managed by volunteers and caring Canadian citizens. These chapters work closely with more than 2,400 community partners to identify families with financial needs whose children would benefit from participating in the programs. It is a perfect formula for a national charity to help at the local level.

So how can ordinary Canadians help the one in three families that can't afford to pay the fees for organized sport and recreation programs? There are many ways to get involved. One hundred per cent of donations made at any Canadian Tire, Canadian Tire Petroleum or Mark's locations remain directly in your community. Or, one way this holiday season is to go online and donate to the Jumpstart Symbolic Giving Program; there's no better gift to give than the chance for a child to enrol in a season of sport and recreation.

Last Christmas, instead of exchanging gifts with her Canadian Women's Hockey League Toronto Furies' teammates, goaltender Sami Jo Small and the other players pitched in to buy a $200 Canadian Tire Jumpstart hockey registration for a Canadian child who wanted to play the sport they love but wasn't financially able.

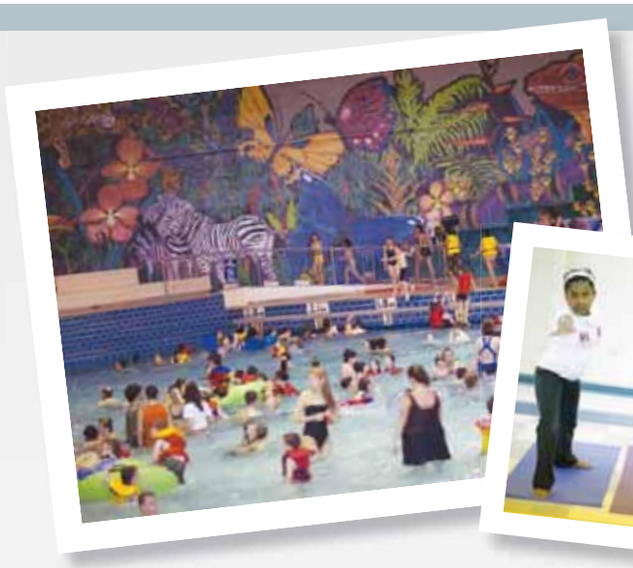
"We plan to do it again this year," says Small, the three-time Olympic women's hockey team champion who is also a Canadian Tire Jumpstart ambassador. "You don't have to spend a lot to make a big difference in a child's life."

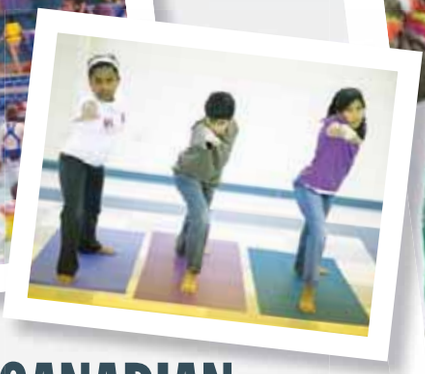
The momentum behind Jumpstart is awe-inspiring. "Our vision is more than getting children involved in sports and recreation — it's to have a country where all kids have a chance to fulfill their dreams," says Johnny Misley, the president of Canadian Tire Jumpstart.

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# JUMPSTART HELPS CANADIAN KIDS' DREAMS COME TRUE

From city-owned golf courses to aquatic centres, the City of Calgary offers plenty of recreational opportunities for young people. But for some youth in Calgary Housing, getting to the facilities isn't always easy.

Recently, thanks to an innovative collaboration between Canadian Tire Jumpstart and the City of Calgary, more than 1,200 economically disadvantaged children have been taking part in city recreation programs.

Last summer the Calgary Jumpstart Fun Bus picked up young people, who ranged in age from five to 16, in far-flung communities in northeast and northwest Calgary so they could participate in swimming, basketball and badminton programs.

"The Fun Bus program reduces some of the barriers faced by people living in low-income housing," says the City of Calgary's Deanna Bradley. And by encouraging children to get involved in recreational activities as young people, they are more likely to become active adults — an important way to reduce the social and health costs that come with sedentary living.

The city plans to expand the popular program next summer to include areas in southwestern Calgary. *– Tom Mason*







One way to give this holiday is through Jumpstart's Symbolic Giving Program, which allows you to give the gift of a season of sport to a child in need. From hockey lessons for $200 to swimming lessons for $75, find the perfect holiday gift.

**For more information on Jumpstart or on how to donate or apply, please visit Jumpstart.canadiantire.ca or call 1-877-616-6600.**

100% of your donation stays in YOUR community

**MORE THAN $940,000 INVESTED IN ALBERTA TO GIVE KIDS A SPORTING CHANCE***

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*Approximate figures for 2012 YTD.

# The crime novels that deserve a read-through by Hollywood

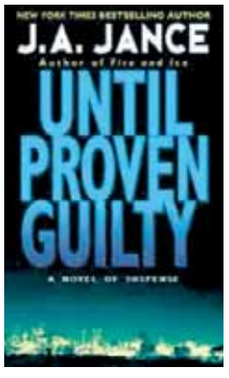
**From bestseller to blockbuster?** In light of Jack Reacher's screen debut, here are a few other books that might make great films

STEVE GOW
scene@metronews.ca

With Tom Cruise hitting theatres as the beloved book series-turned blockbuster Jack Reacher in December, it'll mark the first time Lee Child's popular ex-military cop of 16 novels has seen himself adapted for the big-screen. While fans will surely get their fix, we wondered what other longtime crime-novel characters Hollywood has yet to mine for movie magic. Here are few fictional characters that haven't yet made it to the big screen.



Tom Cruise stars in Jack Reacher, which hits theatres Dec. 21. HANDOUT



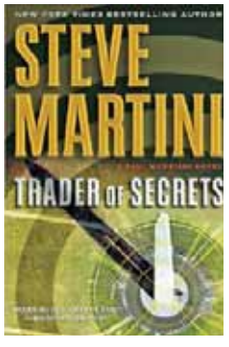

## UNTIL PROVEN GUILTY

**Character:** Homicide Detective J.P. Beaumont

**Author:** J.A. Jance

**Why it works:** Based on Jance's first husband, Beaumont is an alcoholic, divorced father of two who lives off junk food and whiskey. According to her website, her characters are "people first and police officers second," a Hollywood sound bite if ever there was one.

**Wealth of material:** Twenty one novels starting with 1985's Until Proven Guilty.



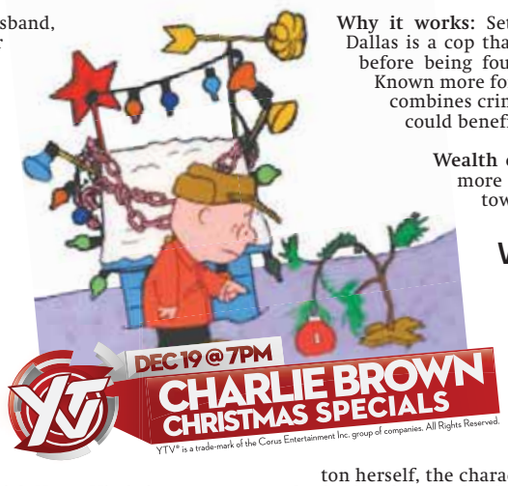

## TRADER OF SECRETS

**Character:** Defense Attorney Paul Madriani

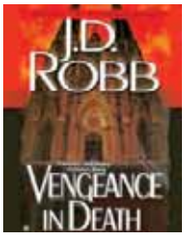
**Author:** Steve Martini

**Why it works:** With two previous TV mini-series behind it (including 2001's The Judge starring Chris Noth), Martini's brilliant character seems ripe for the big screen. Plus, his irascible sidekick Harry Hinds is Madriani's antithesis of what Watson is to Sherlock Holmes.

**Wealth of material:** Twelve bestsellers, including last year's Trader of Secrets.




## IN DEATH SERIES



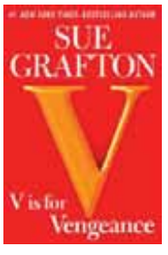

**Character:** Lieutenant Eve Dallas

**Author:** J.D. Robb a.k.a Nora Roberts

**Why it works:** Set in a dystopian future, Eve Dallas is a cop that has no memory of her past before being found in an alley at age eight. Known more for her romance novels, Roberts combines crime and passion in a genre that could benefit from a more feminine touch.

**Wealth of material:** Roberts is nothing if not prolific. With more than 30 books in the In Death series alone, Tinseltown should really take notice.

## V IS FOR VENGEANCE




**Character:** Kinsey Millhone

**Author:** Sue Grafton

**Why it works:** Orphaned at age five, Millhone is a former tough-as-nails cop that struck out on her own. Based on Grafton herself, the character is blue-collar, rebellious and very popular in the Alphabet book series.

**Wealth of material:** Plenty. But even though 22 novels (including her latest, V is For Vengeance) exist, Grafton claims that she'll never sell out to Hollywood.



**THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 30 TO THURS., DEC. 6. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.**

### Canyon Meadows Bay 110 13226 Macleod Trail, 403-670-5444

Alex Cross (14A) Fri-Thu 1:20-9:45
Beasts of the Southern Wild (PG) Fri-Thu 1:05-7:10
The Bourne Legacy (14A) Fri-Thu 3:50-6:45
Brave (G) Fri-Thu 1:30-4:15-7:15
Diary of a Wimpy Kid: Dog Days (G) Fri-Thu 12:55-4:10-7:10
Dredd (18A) Fri-Thu 9:50
Frankenweenie (PG) Fri-Thu 1:25-3:55-7:05
Here Comes the Boom (PG) Fri-Thu 12:50-3:45-6:50-9:35
House at the End of the Street (14A) Fri-Thu 9:35
Ice Age: Continental Drift (G) Fri-Thu 1-3:40-7
Looper (14A) Fri-Thu 1:15-3:50-6:55-9:40
The Man With the Iron Fists (18A) Fri-Thu 1:10-4:05-7:25-9:55
Seven Psychopaths (18A) Fri-Thu 9:45
Taken 2 (14A) Fri-Thu 1:25-3:45-7:30-10
Ted (18A) Fri-Thu 9:40
Trouble With the Curve (PG) Fri-Thu 4-9:45

### Crowfoot Crossing 91 Crowfoot Terrace, 403-547-3316

Argo (14A) Fri 1:20-4:05-6:45-9:40
Sat 4:05-6:45-9:40
Sun 1:20-4:05-6:45-9:40 Mon 1:20-4:05-9:50
Tue-Thu 1:20-4:05-6:50-9:40
Flight (18A) Fri-Sat 12:15-3:35-6:55-10:10 Sun 3:50-6:55-10:10 Mon-Tue 12:50-3:50-6:55-10:10 Wed 12:50-3:50-10:10 Thu 12:50-3:55-6:55-10:10
Home Alone (STC) Sat 11
Jesus Christ Superstar UK Spectacular (STC) Sun 12:55 Wed 7
Killing Them Softly (14A) Fri-Sun 12:30-3-5:25-8-10:25 Mon-Tue 12:45-3:05-5:30-7:55-10:25 Wed 12:30-2:40-4:50-7:55-10:25 Thu 12:45-3:05-5:30-7:55-10:25
Life of Pi 3D (PG) Fri-Thu 1:10-4:15-7:20-10:15
Lincoln (PG) Fri-Sun 12-3:15-6:30-9:45 Mon-Thu 2-5:15-8:30
The Metropolitan Opera: La Clemenza Di Tito Live (STC) Sat 10:55
Red Dawn (14A) Fri-Sun 12:40-3:10-5:30-7:50-10:10 Mon-Thu 1:05-3:20-5:35-7:50-10:05
Rise of the Guardians (G) Fri-Sun 12:05 Mon-Tue 12:30 Star & Strollers Screening Wed 1 Thu 12:30 Sat 11
Rise of the Guardians 3D (G) Fri-Sun 2:25-5-7:20-9:50 Mon-Tue 2:50-5:10-7:30-9:50 Wed 3:15-5:30-7:45-10 Thu 2:50-5:10-7:30-9:50
Silver Linings Playbook (14A) Fri-Thu 1-4-7-10
Skyfall (14A) Fri-Sun 12:15-12:35-3:25-3:50-6:40-7:05-9:55-10:20 Mon-Tue 12:40-1:40-4-4:55-7:10-8:10-10:20 Wed 1:40-4-4:55-7:10-8:10-10:20 Thu 12:40-1:40-4-4:55-7:10-8:10-10:20 Star & Strollers Screening Wed 1
The Twilight Saga: Breaking Dawn Part 2 (PG) Fri-Sun 2:05-4:55-7:45-10:35 Mon 1:55-4:25-7:15-9:55 Tue-Thu 1:55-4:35-7:15-9:55
Wreck-It Ralph (G) Fri-Sun 12:20 Mon-Thu 1:45
Wreck-It Ralph 3D (G) Fri-Sun 2:50-5:20-7:55-10:30 Mon-Thu 4:25-7:05-9:45

### Eau Claire Market 200 Barlay Parade, 403-263-3166

Argo (14A) Fri 6:40-9:40 Sat-Sun 12:40-3:50-6:40-9:40 Mon-Tue 5:40-8:40 Wed 9:30 Thu 5:40-8:40
Life of Pi 3D (PG) Fri 7:30-10:30 Sat-Sun 12:50-4:20-7:30-10:30 Mon-Thu 6:10-9:10
Lincoln (PG) Fri 6:30-9:50 Sat-Sun 2-6:30-9:50 Mon-Thu 5:30-9
Midnight's Children (14A) Fri 10 Sat-Sun 4-10 Mon-Thu 8:50
The Sessions (18A) Fri 7:40 Sat-Sun 1-7:40 Mon-Thu 6:20
Skyfall (14A) Fri 7-10:10 Sat-Sun 12:30-3:40-7-10:10 Mon-Thu 6-9:20
The Twilight Saga: Breaking Dawn Part 2 (PG) Fri 7:20-10:20 Sat-Sun 1:10-4:10-7:20-10:20 Mon-Wed 6:30-9:30 Thu 9:30

### Empire Studio 16 Country Hills 388 Country Hills Blvd., 403-686-8491




(STC) Stadium Seating, SR Dolby Dig-ital Fri-Thu 2:45-8:30
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Argo (14A) Stadium Seating, SR Dolby Digital Fri-Sun 12:55-3:50-6:50-9:45 Stadium Seating, SR Dolby Digital Mon-Thu 3:50-6:50-9:45
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Lincoln (PG) Stadium Seating, SR Dolby Digital Fri-Sun 12:15-3:35-6:45-10:05 Stadium Seating, SR Dolby Digital Mon-Thu 3:35-6:45-10:05
Red Dawn (14A) Stadium Seating, SR Dolby Digital Fri-Sun 1:20-4:05-7:25-9:55 Stadium Seating, SR Dolby Digital Mon-Thu 4:05-7:25-9:55
Rise of the Guardians (G) Stadium Seating, SR Dolby Digital Fri-Sun 1:05
Rise of the Guardians 3D (G) Stadium Seating, SR Dolby Digital Fri-Thu 3:40-6:55-9:25
Skyfall (14A) Stadium Seating, SR Dolby Digital Fri-Sun 12:05-12:40-3:20-4:30-6:30-8:15-9:50 Stadium Seating, SR Dolby Digital Mon-Thu 3:20-4:30-6:30-8:15-9:50
Skyfall: The IMAX Experience (14A) Stadium Seating, SR Dolby Digital Fri-Sun 12:15-3:30-7-10:10 Stadium Seating, SR Dolby Digital Mon-Thu 3:30-7-10:10
The Twilight Saga: Breaking Dawn Part 2 (PG) Stadium Seating, SR Dolby Digital Fri-Sun 12:20-12:45-1:15-3:05-3:45-4:15-6-6:45-7:15-9-9:45-10 Stadium Seating, SR Dolby Digital Mon-Thu 3:05-3:45-4:15-6-6:45-7:15-9-9:45-10
Wreck-It Ralph (G) Stadium Seating, SR Dolby Digital Fri-Sun 1:10
Wreck-It Ralph 3D (G) Stadium Seating, SR Dolby Digital Fri-Thu 3:55-7:10-9:40

### Empire Studio 10 MacLeod Trail

### 100-16061 MacLeod Trail, 403-974-0470

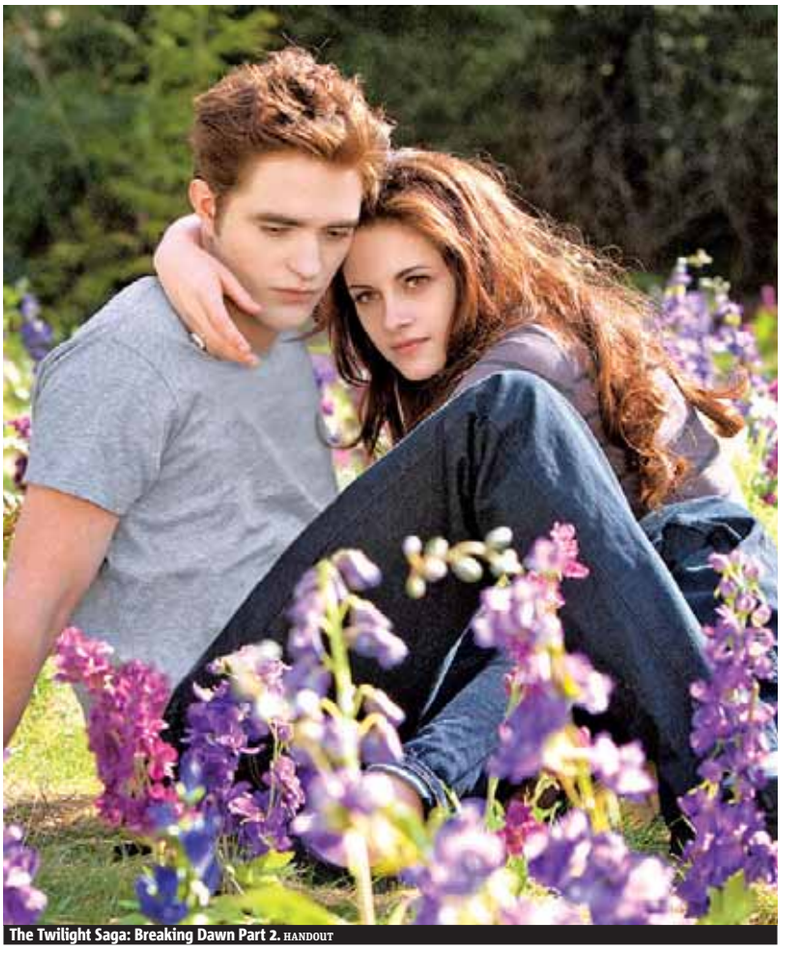
Flight (18A) Digital Presentation, Stadium Seating Fri 3:40-6:50-10:10 Digital Presentation, Stadium Seating Sat-Thu 12:20-3:40-6:50-10:10
Killing Them Softly (14A) Digital Presentation, Stadium Seating Fri-Thu 1:45-4:40-7:40-10:25
Life of Pi (PG) Digital Presentation, Stadium Seating Fri-Tue 12:10 Digital Presentation, Stadium Seating Wed 1 Digital Presentation, Stadium Seating Thu 12:10
Life of Pi 3D (PG) Digital Presentation, Stadium Seating Fri-Tue 3:15-7:15-10:20 Digital Presentation, Stadium Seating Wed 3:55-7:15-10:20 Digital Presentation, Stadium Seating Thu 3:15-7:15-10:20
Red Dawn (14A) Digital Presentation, Stadium Seating Fri-Thu 12:30-3:30-6:30-9:30
Rise of the Guardians (G) Digital Presentation, Stadium Seating Fri-Thu 1:15
Rise of the Guardians 3D (G) Digital Presentation, Stadium Seating Fri-Thu 4:15-7:10-9:50
Skyfall (14A) Digital Presentation, Stadium Seating Fri-Thu 2-6:15-9:45
Digital Presentation, Stadium Seating Fri 12:20-3:20-6:45-10:15 Digital Presentation, Stadium Seating Sat-Wed 12-3:20-6:45-10:15 Digital Presentation, Stadium Seating Thu 12-3:20-10:15
The Twilight Saga: Breaking Dawn Part 2 (PG) Digital Presentation, Stadium Seating Fri-Thu 1-1:30-4-4:30-7-7:30-10-10:30
Wreck-It Ralph (G) Digital Presentation, Stadium Seating Fri-Thu 12:45
Wreck-It Ralph 3D (G) Digital Presentation, Stadium Seating Fri-Thu 3:50-7:20-10:05

### Globe Cinema 617-8 Avenue, 403-262-3308

The Master (14A) Fri 6:45-9:20 Sat-Sun 12:45-3:20-6:45-9:20 Mon-Thu 6:45-9:20
Searching for Sugar Man (PG) Fri 7-9:10 Sat-Sun 1-3:10-7-9:10 Mon-Thu 7-9:10

### Theatre 6:Scotiabank Chinook 6455 MacLeod Trail, 403-212-8994

Anna Karenina (PG) Fri-Wed 1:20-4:20-7:20-10:20 Thu 4:20-7:20-10:20
Star & Strollers Screening Thu 1
Argo (14A) Fri-Thu 1:15-4-6:50-9:45
Cloud Atlas (14A) Fri-Sat 1:30-5-8:30 Sun 5-8:30 Mon-Tue 1:30-5-8:30 Wed 12:30-3:55 Thu 1:30-5-8:30
Flight (18A) Fri-Tue 12:15-3:40-7:05-10:25 Wed 12:15-3:40-10:25 Thu 12:15-3:40-7:05-10:25
Home Alone (STC) Sat 11
Jesus Christ Superstar UK Spectacular (STC) Sun 12:55 Wed 7
Killing Them Softly (14A) Fri-Sat 12:45-3:15-5:45-8:15-10:45 Sun 12:45-3-5:45-8:15-10:45 Mon-Thu 12:45-3:15-5:45-8:15-10:45
Life of Pi 3D (PG) Fri-Sun 11:25-2:15-5:05-7:55-10:45 Mon-Thu 2:15-5:05-7:55-10:45
Lincoln (PG) Fri-Thu 12:30-3:50-7:10-10:30
The Metropolitan Opera: La Clemenza Di Tito Live (STC) Sat 10:55
Pitch Perfect (PG) Fri-Thu 1:30-4:05-6:55-9:35
Red Dawn (14A) Fri-Thu 2:20-4:40-7:35-10
Rise of the Guardians (G) Fri-Thu 12:35-3:10 Sat 11


The Twilight Saga: Breaking Dawn Part 2. HANDOUT

Rise of the Guardians 3D (G) Fri-Thu 5:40-8:10-10:35
Silver Linings Playbook (14A) Fri-Sun 11:35-2:20-5:05-7:55-10:45 Mon-Wed 2:20-5:05-7:55-10:45 Thu 5:05-7:55-10:45 Star & Strollers Screening Thu 1
Skyfall (14A) Fri 12:10-1-3:15-4:10-6:30-7:30-9:55-10:50 Sat 11:15-12:10-3:15-4:10-6:30-7:30-9:55-10:50 Sun-Thu 12:10-1-3:15-4:10-6:30-7:30-9:55-10:50
Skyfall: The IMAX Experience (14A) Fri-Thu 12:40-3:50-7-10:15
The Twilight Saga: Breaking Dawn Part 2 (PG) Fri-Sun 11:40-1:35-2:15-4:30-5-7:20-7:50-10:10-10:50 Mon-Thu 1:35-2:15-4:30-5-7:20-7:50-10:10-10:50
Wreck-It Ralph (G) Fri 12-2:40 Sat 11-12-2:40 Sun-Thu 12-2:40
Wreck-It Ralph 3D (G) Fri-Thu 5:15-8-10:40

### Plaza Theatre 1133 Kensington Rd. N.W., 403-283-3636

In Their Skin (18A) Fri 7 Sat 4 Sun 7 Tue-Thu 7
Lloyd the Conqueror (14A) Fri 9 Sat 2-9:15 Sun 9 Mon 9:15 Tue-Thu 9

### Sunridge Spectrum 2555 32nd Street, 403-717-1200

(STC) Fri 12:20-4:20-8:15 Sat 1:30-5:30-9:20 Sun 12:20-4:20-8:15 Mon-Thu 12:45-4:40-8:15
(STC) Fri-Thu 1-4:30-8 24/7 in Love (PG) Fri 1:05-4:10-7:05-10 Sat 10:30-1:05-4:10-7:05-10 Sun 1:05-4:10-7:05-10 Mon-Thu 12:55-3:35-6:30-9:30
Flight (18A) Fri-Sun 12:25-3:40-7:20-10:35 Mon-Thu 1:15-4:45-8:30
Home Alone (STC) Sat 11
Killing Them Softly (14A) Fri-Sun 12:05-2:30-5-7:45-10:25 Mon-Thu 1:40-4:25-7-9:45
Life of Pi 3D (PG) Fri-Sun 12:40-4:15-7:25-10:25 Mon-Thu 1:20-4:20-7:20-10:20
Red Dawn (14A) Fri-Sun 1:20-4:45-7:35-10:05 Mon-Thu 1:30-4:10-6:50-9:35
Rise of the Guardians (G) Fri-Sun 12:20 Mon-Tue 1:25 Star & Strollers Screening Wed 1 Thu 1:25
Rise of the Guardians 3D (G) Fri-Sun 2:45-5:10-7:40-10:20 Mon-Thu 3:55-6:40-9:20
Skyfall (14A) Fri-Sun 1:15-4:40-8:15 Mon-Thu 2-6-9:50 Fri-Sun 12:15-3:30-7-10:30 Mon-Thu 12:30-3:45-7:05-10:25
Son of Sardar (PG) Fri-Sun 12:10-3:45-6:55-10:10 Mon-Thu 12:50-4-7:10-10:25
The Twilight Saga: Breaking Dawn Part 2 (PG) Fri-Sun 12-12:30-3:15-3:50-7:15-7:30-10:15-10:40 Mon-Tue 12:40-1:10-3:30-4:05-6:20-6:55-9:25-9:55 Wed 12:40-3:30-4:05-6:20-6:55-9:25-9:55 Thu 12:40-1:10-3:30-4:05-6:20-6:55-9:25-9:55 Star & Strollers Screening Wed 1
Wreck-It Ralph (G) Fri-Sun 12:45 Mon-Thu 1:35
Wreck-It Ralph 3D (G) Fri-Sun 4-7:10-9:55 Mon-Thu 4:35-7:15-10




### Westhills 10 165 Stewart Green, 403-246-5291

Argo (14A) Fri 12:40-3:40-6:30-9:20 Sat 3:40-6:30-9:20 Sun 12:40-3:40-6:30-9:20 Mon 5:20 Tue-Thu 5:20-8
Flight (18A) Fri-Sun 1:10-4:20-7:25-10:30 Mon 8:30 Tue-Thu 5:30-8:30
Killing Them Softly (14A) Fri-Sun 12:15-2:40-5-7:45-10:15 Mon-Thu 5:50-8:10
Life of Pi 3D (PG) Fri-Sun 1:30-4:30-7:20-10:10 Mon-Thu 5:55-8:45
The Metropolitan Opera: La Clemenza Di Tito Live (STC) Sat 10:55
The Metropolitan Opera: Otello Encore (STC) Mon 6:30
Rise of the Guardians (G) Fri-Sun 12:10
Rise of the Guardians 3D (G) Fri-Sun 2:30-4:50-7:35-9:55 Mon-Thu 5:25-7:40
Skyfall (14A) Fri-Sun 12:20-12:50-3:30-4-6:40-7:10-9:50-10:25 Mon-Thu 5:10-5:40-8:20-8:50
The Twilight Saga: Breaking Dawn Part 2 (PG) Fri-Sun 12:25-1:20-3:15-4:10-6:50-7:15-9:30-10 Mon-Thu 5:30-6:15-8:25-9
Wreck-It Ralph (G) Fri-Sun 12:30
Wreck-It Ralph 3D (G) Fri-Sun 3:20-7-9:40 Mon-Thu 5:15-7:50

Brief



## Radcliffe makes Sundance debut

Harry Potter star Daniel Radcliffe has landed his first entry in the Sundance Film Festival.

Radcliffe plays poet Allen Ginsberg in the drama Kill Your Darlings, which premieres in January at Robert Redford's Sundance festival.

Kill Your Darlings was among 16 films announced Wednesday that will compete for the festival's top prize in the U.S. dramatic competition.

Directed by John Krokidas, Kill Your Darlings co-stars Elizabeth Olsen, Ben Foster and Jack Huston.

THE ASSOCIATED PRESS

# Sundance fest books record slate of female filmmakers for main contest

**Entries announced.** Strong turnout by women shows more and more are breaking into the industry

The Sundance Film Festival has an apparent record lineup of female directors competing for its top honour this January.

Half the entries — eight of the 16 films — announced Wednesday in the festival's U.S. dramatic competition were directed by women for the next installment of Robert Redford's independent-cinema showcase, which runs Jan. 17 to 27 in Park City, Utah.

Going back to 1992, the best showing previously for female filmmakers was in 2000, when six of the 16 U.S. dramatic contenders were directed by women.

Sundance organizers were still trolling back to the early years of the festival's 33-year history, but this January's eight competition films appears to be most ever from women and the first time the entries have been evenly split between female and male directors.

Among the competition films from female filmmakers are Francesca Gregorini's Emanuel and the Truth About Fishes, whose cast includes Jessica Biel and Frances O'Connor in the story of a troubled girl fixated on a mysterious neighbour; Lynn Shelton's Touchy Feely, featuring Rosemarie DeWitt, Allison Janney and Ellen Page in a tale of a massage therapist who develops a distaste for bodily contact; and Liz W. Garcia's The Lifeguard, with Kristen Bell as a reporter who moves home to Connecticut and takes a job as a lifeguard.

The festival's U.S. dramatic lineup also features the first Sundance entry for Harry Potter star Daniel Radcliffe, who stars as Allen Ginsberg in director John Krokidas' Kill Your Darlings.

Male directors still dominate the big-screen, but the low-budget indie world has been narrowing the gender gap. Sundance director John Cooper said some Sundance film categories have had a nearly even split between male and female directors in the past, a sign that more and more women are breaking into filmmaking.

"I think that's absolutely it," Cooper said. "Also, what we've found is that through our short-film programs, they've been coming close to 50/50 in certain years or at least a high level of women directors. So it's more of a coming-up-through-the-ranks situation" as female directors graduate from short films to feature-length stories.

THE ASSOCIATED PRESS



Austenland is one of the entries in the 2013 Sundance Film Festival.
SUNDANCE INSTITUTE/THE ASSOCIATED PRESS




# How to dress a Russian aristocrat

**Anna Karenina.** Costume designer blended elements of imperialist Russia and 1950s couture to create an original look

Jacqueline Durran painstakingly pored over paintings and photos from the 19th century to prepare for designing the elaborate fashions featured on the big screen in Anna Karenina.

But the costume designer said director Joe Wright had his own take on interpreting 1870s Russian style for the film adaptation of the classic novel — and exact fashion replicas of the era weren't chief among them.

"The only costumes that are really an attempt to be accurate of the period are the Russian peasant costumes; the other costumes are all stylized," Durran said in a phone interview from London.

"Joe particularly wanted me to concentrate on the silhouette of each character, and that's what he thought was important to bring out in our interpretation."

To best illustrate his vision, Wright encouraged Durran to embark on a fashionable flash-forward, particularly for the costumes worn by the title character portrayed by Keira Knightley.

"He wanted me to reference '50s couture — which has a very strong silhouette — and combined that approach with the 1870s shape," said Durran, who combed through the style archives studying pieces from famed labels like Balenciaga, Christian Dior, Jacques Fath and Lanvin.

The onscreen results showcase a series of jaw-droppingly lavish dresses befitting Russian aristocracy, with a succession of fluid yet fitted floor-sweeping gowns.

Yet while drawing on decades-old styles for fashionable inspiration, there's a timelessness to the luxe furs, trimmed coats, lace veils, feathered headpieces and asymmetric detailing on dresses that seems quite in step with contemporary fashion.

"Joe's very much interested in that. He's not particularly interested in historic recreations," said Durran. "He's interested in taking a style and making it believably of a period, but making it accessible to a modern audience."

Durran previously worked with Wright and Knightley on Atonement and Pride & Prejudice, earning costume design Oscar nods for both period dramas.

For Atonement, Wright was equally vocal with input on and specifics for the famous silk emerald-green dress worn by Knightley in the film.






Keep an eye out for the millions of dollars worth of Chanel baubles used as accessories to the outfits. HANDOUT

"He wanted it to have a very full hem and a low back and all those things," Durran said.

"Even though all the elements in the dress are from the period, when you re-combine them in a different way, you're not making a period dress. It would look completely out of place.

"It's the same with this (film), really," she added. "You're combining elements and you're mixing things up; and if you actually put them next to a period costume, they look completely modern, but they have the spirit of the period."

Durran said her style vision for Anna Karenina was centred on conveying a sense of elegance, opulence and wealth. That could also explain the integration of millions of dollars worth of Chanel baubles to accessorize the luxurious on-screen looks.

"That's what I took from 50s couture, really, is that you can take away all of the surface detail and just be left with this really strong silhouette, which is so chic, so accomplished, so sophisticated, that I kind of thought that was what was an aspect of Anna."

Also key to the lead character was showcasing her sensuality and sex appeal, as the film finds Karenina caught between commitment to her stern yet devoted husband Alexei Karenin (Jude Law) and passion for her playboy lover Count Vronsky (Aaron Taylor-Johnson).

THE CANADIAN PRESS

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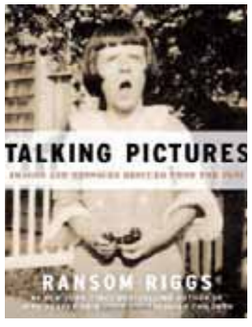
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## Talking pictures.
# Ransom Riggs compiles pictures that tell a story

Ransom Riggs has always enjoyed collecting vintage photographs. This curious habit shaped his 2011 novel, Miss Peregrine's Home for Peculiar Children, a No.1 best-seller filled with found-photos.

"I would look around swap meets as I was collecting photos for Miss Peregrine's, which were mainly sort of Edward Gorey-esque photos of odd-looking children from a long time ago," Riggs remembers. "I found plenty of those. But I also kept finding photos with writing on them."

Riggs says that a lot of the photos he stumbled upon were "really boring" and just featured various dates or names. "Many were a big yawn fest," he recalls. "But every now and again, I'd find something so funny or confessional or revelatory or personal that I'd stand back a little and feel like I'd been allowed a unique window into this otherwise lost world."




Those bewitching photos were the ones that made it into his new book, Talking Pictures: Images and Messages Rescued from the Past.

It's the various inscriptions such as "Where Daddy was killed?" written on an otherwise humdrum snapshot of the side of a road or "This was when they loved each other," found on the back of a picture of a smiling couple.

Riggs notes that it's your imagination that creates their narrative. "You start to imagine their story, what led to the creation of the photo.

"It's your imagination that is filling in the giant gaps of who these people were."

DOROTHY ROBINSON/ METRO WORLD NEWS IN NEW YORK CITY




**Quoted**

**"...I'd find something so funny or confessional ... that I'd stand back a little and feel like I'd been allowed a unique window into this otherwise lost world."**

Ransom Riggs

# Anne Lamott: It's the most wonderful time for self-help

**New book.** Learn more about 'help', 'thanks' and 'wow' this holiday season

GINA ANGELOTTI
Metro World News in New York City

Sleigh bells ring, are you listening? Most likely, the answer is no. Rather, your iPod's at peak volume as you're racing through aisles, trying to ignore the clanking of shopping carts, the feedback of intercom announcements and the throngs of consumers deliberating over which shades of Ikea table runners their mothers won't turn their noses up at during Christmas dinner.

It doesn't matter what's playing, eventually even guided meditation podcasts can't drown out the noise our minds make leading up to the holidays. There's so much anxiety caused by family obligations, end-of-year deadlines, buying gifts (or being unable to do so) and travelling — not that you needed to be reminded.

What's necessary to remember, however, is that we're only human and there's only so much we can take on ourselves. Sometimes we need help, and that's where Anne Lamott comes in. With grace, humility and her signature sense of self-deprecating humor, the celebrated author keeps our insanity in check with her latest inspirational, if breezy, book, Help, Thanks, Wow.

While it's not a guidebook for how to set intentions and offer gratitude — Lamott insists there aren't codes for this — it's a compact companion reader to snap you back to the present moment with each page turn.


Anne Lamott HANDOUT

For Lamott, "help," "thanks" and "wow" are all expressions of prayer, which she emphasizes can be secular and should be personalized to accommodate your own beliefs. By her definition, prayer is simply "communication from our hearts ... to the animating energy of love we are sometimes bold enough to believe in." In other words, it's our needs and desires, articulated.

Through self-reflective anecdotes, she breaks down the three prayers and encourages us to start and sustain a practice of peace and mindfulness.

"Help," says Lamott, "is almost an involuntary reaching out; a sound of desperation."

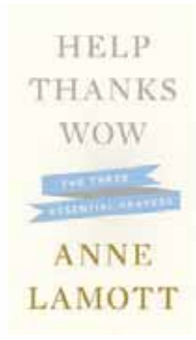
Whatever the reason, calling for help is to surrender and admit we can't control everything.

If asking for help means to let go, then giving "thanks" is the ability to reframe what caused us to panic in order to move on.

"(To say,) 'Thank you' breaks through the thoughts, business, obsession and fixation to this pure moment of gratitude, the amazement that things have worked out," says Lamott.

We may find an immediate answer to our problems, but with patience, we can try to find some good in even the worst-case scenarios.

"Wow" is the release, like the sound of an exhaled breath. "To say, 'Wow' means you're agreeing to pay attention," says Lamott, adding that awareness "is the path, the cord, the channel that connects us to joy."




According to Lamott, intentions can take various forms, passive or active. For example, she suggests writing them down on paper and then depositing them into a box, which simulates the process of submission and letting go. Moreover, opening the heart can take place anywhere, even in transit.

"Anywhere you are conscious is sacred space," says Lamott.

Your subway car may be crowded, stuffy and loud, but the author adds: "It's all (good for you) if you're truly there for it."

How might you decide to practice awareness, aside from being acutely aware of how ridiculous you look in the sweater your grandmother knitted?

Consider this: What if you're wearing it to your dysfunctional family's holiday festivities? (Help!) Think of how happy it makes your Nana to see you in it (reframe the situation: Thanks!). And, finally, remember, baby, it's cold outside. Although you may be the victim of snarky finger-pointing, you're alive and warm, inside and out. (Wow!)



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# MTV renovates 1989's House of Style in new documentary

**Don't expect nostalgia.** Aimed towards young people of today, not young people of '80s

The House of Style that MTV built back in 1989 has undergone some serious renovation, but it always had good bones.

The show's past and present come together in a documentary, House of Style: Music, Models, and MTV, that premieres Saturday (10 p.m. EST).

Originally launched with supermodel Cindy Crawford, House of Style made the logical links between music and fashion at a time when some of the biggest style trends were coming from the videos that were the bread and butter of MTV: Madonna's many looks, including Jean Paul Gaultier's 1990 cone bra, Run-DMC's Adidas sneakers and Michael Jackson's many leather jackets.

Crawford interviewed designers Gaultier and Todd Oldham, runway buddies Naomi Campbell and Linda Evangelista and video staples Duran Duran and Will Smith, back when Smith was The Fresh Prince.

"It was the right show at the right time," says Crawford. "People saw designs from fashion before, but this helped introduce the people behind fashion in a way that hadn't been done before."




She isn't claiming credit, but Crawford also notes that fashion didn't have the broad pop-culture appeal two decades ago that it has now. That access is fueled by all the behind-the-scenes interviews and instant runway replays available on your cellphone, she says, adding that House of Style was important in whetting that appetite.

The show grew up through the 1990s, adding new hosts Daisy Fuentes, Molly Sims and Rebecca Romijn, and ending its initial run in 2000.

But with fashion risk-takers such as Beyoncé, Lady Gaga, Rihanna and Katy Perry again dominating the style-setter conversation, it was time for House of Style to make a comeback.

Now, the mini-episodes hosted by top models Karlie Kloss and Joan Smalls stream online. But the feeling of exclusivity and excitement remains.

"We could have done this reboot three or four years ago, but I don't think it was the right time. We're in a time now that there is again the interest in models, in music and there are so many visual platforms," says Dave Sirulnick, MTV's executive vice-president of news and production. He was also behind the original show.

Viewers might come to the new House of Style as more educated fashion fans, he says. Still, an insider as a curator is unique.

"You don't know when cool things might happen or pop up, and House of Style follows that," says Smalls. "It's always exciting. I got into this business because it is more challenging and more creative and more expressive. I didn't want a nine-to-five job. I don't know where I'll be flying to tomorrow, but the show might take you there."


Models Karlie Kloss and Joan Smalls pose for a photograph on Sept. 4 in Los Angeles, Calif.
JOHN SHEARER/THE ASSOCIATED PRESS/INVISION FOR MTV.COM

They've covered interviews with Stella McCartney and Alexander Wang, gone backstage at Victoria's Secret and revisited Gaultier.

Don't expect nostalgia, though. "We're not aimed at the same people now as we were. The 22-year-olds of 20 years ago isn't who we're targeting, we want the 22-year-olds of today," says Sirulnick.

He adds, "I hope the 42-year-old might still watch, and I hope they're interested, but we have to move forward."




On Smalls' wish list to cover in upcoming episodes are a trip to her native Puerto Rico "which I think is an emerging fashion scene," a segment on Japanese street style, a personal survey of Carine Roitfeld's closet and a sit-down with Rihanna.

Crawford says she doesn't go back and watch old episodes often, but occasionally her kids will make her watch one on YouTube.

"I was not hip back then. I was musically illiterate — and it was MTV! ... I thought Def Leppard was a person. That played on TV in a fun way." THE ASSOCIATED PRESS

TV picks

## Finales for Walking Dead, Boardwalk Empire

Friday nights are a dead zone for sitcoms with only a few exceptions, including Last Man Standing and Malibu Country.

On Tim Allen's Last Man Standing, Vanessa is in a tough spot during a presentation at Eve's school about her job at an oil company — the kids think she's destroying the planet. On Reba McEntire's Malibu Country, Reba feels threatened by her daughter's relationship with Kim. **(Citytv, ABC)**

The news is rarely good on the current affairs series Marketplace, so Friday's episode might be a little frightening.

The episode, entitled Burned, involves the testing of flame retardants. **(CBC)**

We're officially into December, so it should come as no surprise that there's plenty of holiday fare on Saturday. An annual must-watch for many is the Christmas classic It's a Wonderful Life — which is sure to air many more times before Dec. 25, in case you're not in the Christmas mood just yet. **(CTV)**

Even the reality show My Crazy Obsession has a Christmas theme. Maybe you have a family member or neighbour like the holiday-obsessed people on Saturday's show, who go to extremes to have the "ultimate" Christmas tree. **(TLC)**

It's the mid-season finale for the The Walking Dead on Sunday with an episode entitled Made to Suffer. Rumour has it a favourite character from the graphic novel that inspired the series will make it onto the TV show. The zombie thriller returns in February. **(AMC)**

It's also finale night for Boardwalk Empire on Sunday, with Nucky handing over control of an asset to Rothstein, Harrow heading back to Gillian's brothel to attend to unfinished business and Luciano taking on a new heroin partner. There's more coming as the show has been renewed for a fourth season. **(HBO Canada)**

THE CANADIAN PRESS

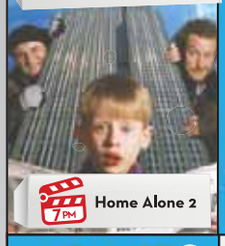
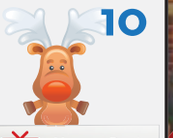
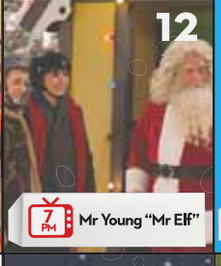
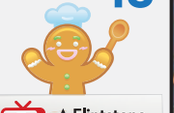
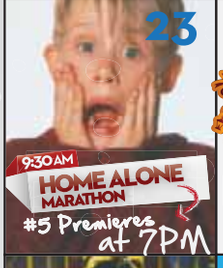

For those in the holiday spirit, It's a Wonderful Life airs on Saturday. HANDOUT

# YTV december



**LEGEND**
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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
|  | 3  | 4  | 5  | 6  | 7  | 8  |
| Home Alone 2 | Merry Madagascar | Ice Age Mammoth Christmas | "A Fairly OddChristmas" | Kung Fu Panda Christmas | | Hanukkah 8–16th<br>Beethoven's Christmas Adventure<br>Dog Who Saved Christmas Vacation |
| 9  | 10  | 11  | 12  | 13 | 14  | 15  |
| Yogi Bear 3D<br>Yogi's first Christmas | How to Rock Christmas<br>Wipeout "Deck the Balls" | The Next Star Christmas Special | Mr Young "Mr Elf" | Big Time Rush Christmas | Unaccompanied Minors<br>Call Me Claus | Legend of Frosty The Snowman |
| 16  | 17  | 18  | 19  | 20  | 21 | 22  |
| Fred Claus | Tis The Season to be Smurfy | A Flintstone Christmas<br>The Next Star Winners Special! | CHARLIE BROWN CHRISTMAS SPECIALS | Rudolph The Red Nosed Reindeer | Home Alone | Christmas With The Kranks |
| 23  | 24  | 25  | 26  | 27 | 28  | 29 |
| HOME ALONE MARATHON #5 Premieres at 7PM | Santa Claus is coming to town (Literally!) | MERRY CHRISTMAS! | Kwanzaa (26th – Jan 1st)<br>Ultimate Fan Access: Bring Me to 1D | STARTING AT 1PM iCARLY MARATHON | STARTING AT 10AM FAIRLY ODD PARENTS MARATHON | Ice Age "Dawn of the Dinosaurs"<br>Percy Jackson & The Olympians |
| 30  | 31  | 1  | | | | |
| Nanny McPhee<br>Nanny McPhee Returns | COUNTDOWN TO 2013!!! | HAPPY NEW YEAR!<br>Write Your New Year's Resolutions! | | | | |

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# Living with an alien

Remember that wisecracking fur-ball who looked like a cross between an ewok and an aardvark? ALF, the surly man-child from planet Melmac who crashed through the Tanner family's garage in 1986, is getting a reboot. Jordan Kerner, the producer behind The Smurfs' big screen revival last year, is pulling the strings on a Sony Pictures CG/live action feature film. While living with an alien may have a couple minor drawbacks, for the most part extraterrestrials of the friendly persuasion make enviable housemates.

MIKE DOJC
scene@metronews.ca

## The Housekeeper: Clark "Kal-El" Kent (Smallville)



Pencil Superman in every slot on the chore wheel and there won't be any complaints. The Kryptonian could fold laundry, do the dishes, sweep the floor, and mow the lawn during a commercial break. He'd also be a great camping buddy. If the beers got warm, he could just blow his frosty breath on them and they'd be ice cold, and there would never be any problems starting a fire — hello heat vision. His super strength would also come in handy when that stubborn pickle jar refused to open or you needed to rearrange furniture.

## The Tutor: Spock (Star Trek)

The Starship Enterprise's pointy-eared science officer could handle a litany of brain straining drudgery from that spreadsheet your boss asked for to bookkeeping and your nephew's math assignment without breaking a sweat. There would be no drama either, as Vulcans don't lie and passive aggression is illogical. But be careful if this becomes a long-term arrangement. Every seven years Vulcans experience the need to mate, known as "pon farr", so you'd be advised to take the girlfriend on vacation when his primal urges begin to manifest.



## The Rainmaker: The Great Gazoo (The Flintstones)

It'd be easy to get past the incessant "dumb dumb," taunts when this insouciant little green floating man's magic is working for you. Maybe he can even make Betty Rubble real for a couple hours so you can finally strike that Bedrock fantasy off your list. You may want to keep your chit-chat to a minimum when you're out in public with the guy, as the only people who can see him are those who believe in him.

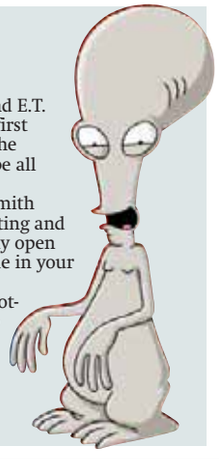


## The Wingman: Dr. Who (Dr. Who)



Slinky supermodels somewhere in the space-time continuum are bound to consider you to be a studly specimen. Even if you strikeout, the Timelord could grant you a couple do-overs before your desperate measures start ripping the very fabric of space and time. If you've got a cramped crib, using the TARDIS (the 1960s-style London police box which functions as the doc's spaceship and is a lot bigger on the inside than it appears on the outside) as a storage solution would be a real mod style statement.

## The Bartender: Roger (American Dad)



Sure, his hydrocephalic noggin and E.T. arms will have guests fainting at first sight, but once they come to and he pours them a couple drinks, it'll be all good.

His bar, Roger's Place, in the Smith family attic, often doubles as plotting and scheming central and he can easily open up a franchise of the watering-hole in your home.

And everybody knows more plotting and scheming is the secret to a life less ordinary.

## The Entertainer: Mork from Ork (Mork & Mindy)



The bushy haired Orkan with the rainbow suspenders can be relied on to kill at a dinner party. While his zany antics — like drinking water with his finger and wearing clothes backwards — are enough to keep a party in stitches, his otherworldly schtick is also laced with witty cultural references, allowing for a hilarious blend of both low and highbrow yuks.







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# Up and coming pop superstar deals with inevitable comparisons, label problems

**New music.** The Diamonds singer, who saw some initial success in 2010, is back once again with a new album and approach

LUKE O'NEIL
scene@metronews.ca

Upon the release of her 2010 debut LP, The Family Jewels, it was immediately apparent to anyone paying attention that Marina Diamandis, a.k.a. Marina and the Diamonds, was a bona fide international pop star in the making.

She had the acrobatic voice, indelible hooks and a crush-worthy look (more on that in a minute), but there was a knowingness about the idea of pop-stardom in general embedded in her lyrics that made her appealing to fans who take their pop with a dash of irony.



Somebody thought this woman wasn't attractive enough to be a popstar? CASPAR BALSLEV

On her recent release, Electra Heart, the Welsh singer has doubled-down on the reaching-for-the-stars conceit, enlisting the aid of hit-making songwriters like Dr. Luke, Benny Blanco and Diplo.

It's Dr. Luke's effort on her first single, How to be a Heartbreaker, that has brought about so many comparisons to another pop star, Katy Perry, albeit with qualifiers like "edgier."

Is that supposed to be taken as a compliment or an insult?

"It's neither," says Diamandis. "It's not like an insult or a compliment, it's just not true. The thing is, with Dr. Luke, his style is so cemented, I think most people who work with him get his sound. Katy was his first huge success, so it's obvious I'm compared to her. I'm just like, 'Oh, whatever.'"

Also getting a big whatever was her record label's decision in September to delay the release of the Heartbreaker video because, well, they didn't think she looked attractive enough.

**Quoted**

**"I think most people who work with him get his sound. Katy (Perry) was his first huge success."**

**Marina Diamandis**
Talking about working with Dr. Luke, the man behind Katy Perry.

She got a call from her manager saying the label didn't like it, she explains: "'They think you need some beauty work,' he said. I said, 'I don't care if they think I'm ugly or not, they need to give me a budget if they want me to look botoxed within an inch of my life.'"

Not that she has a problem with that, she says. "I really don't mind. Everything on the album has been in spirit of that plastic pop element."






# Ryder finds broad appeal with new album

**New music.** Ryder goes for wider appeal with a folk-rock approach that draws on a range of musical influences

Toronto power vocalist Serena Ryder was at home but in foreign territory while recording her new album, Harmony.

The three-time Juno Award winner with the soulful three-octave range made the tracks in her own backyard studio, a cosy shed she'd previously only used as a rehearsal space.

Another first: the Weak in the Knees singer-songwriter penned the tunes while falling in love. And she actually had fun while making the disc, a feeling she admits wasn't predominant in her recording sessions of yore.

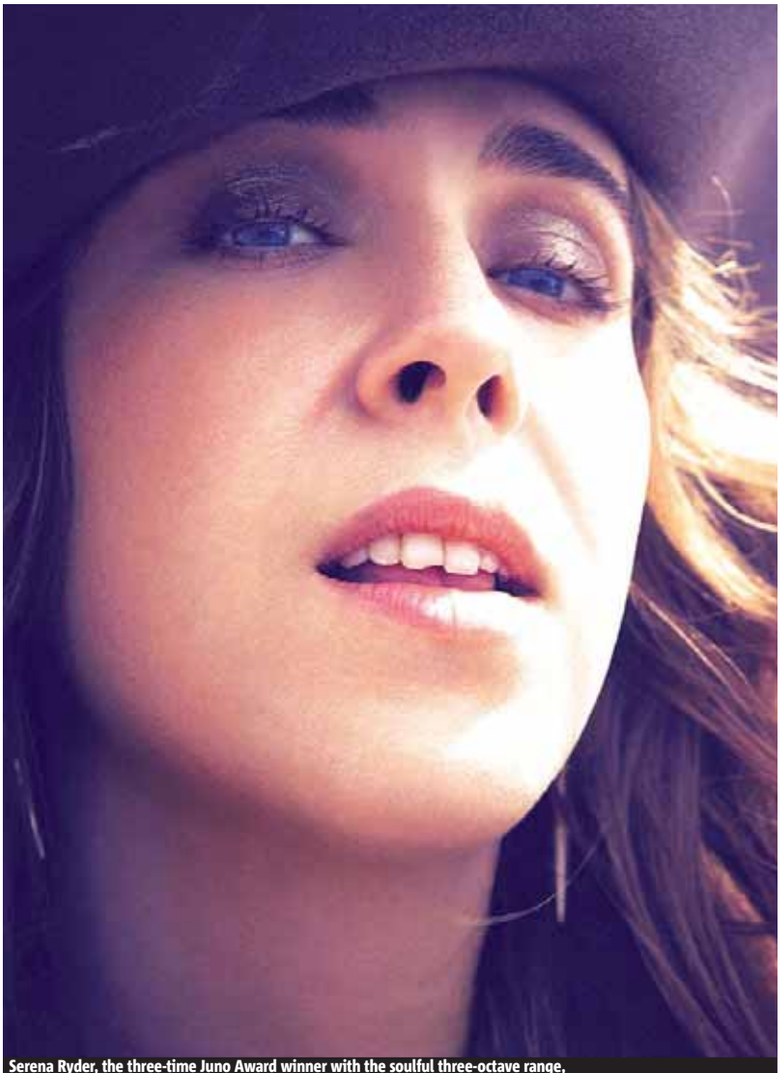
The result is a feel-good, catchy collection that touches on a wide range of genres, giving Ryder a broader appeal than the blues-folk-rock categories she's typically been associated with.

"With this record, I feel like it was very, very primal and animalistic and I wasn't really thinking about what direction I'm going to go in,"

**Quote**

**"With this record, I feel like it was very, very primal and animalistic and I wasn't really thinking about what direction I'm going."**

Serena Ryder



**Serena Ryder, the three-time Juno Award winner with the soulful three-octave range, made tracks in her own backyard studio.** HANDOUT/THE ASSOCIATED PRESS

**65 songs**

**Her follow up effort to Is it O.K. album came together over a long period of time.**

- **Hard at work.** Over a period of roughly eight months this year, she feverishly wrote about 65 songs in an effort to craft a followup to her previous album, 2008's Is it O.K., which won a Juno in 2010 for video of the year (Little Bit Of Red).

Ryder, who turns 30 on Dec. 8, said in a recent interview.

"I was like, 'I want go in all directions,' because the most frustrating thing that's been the bane of my existence and my career has been people (saying), 'Serena, you've got to pick a style or you're going to confuse people,' ... and I started really believing that. I was like, 'OK, I've got to pick one way of being and one way of singing and one way of branding myself,'" she continued, sitting at a piano in her studio shed that's adorned with vintage furniture and a vast array of instruments.

THE ASSOCIATED PRESS






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Steven Tyler found himself in the crosshairs of Nicki Minaj's latest emotional drama. FILE PHOTO/THE ASSOCIATED PRESS

# Steven Tyler offers up apology to Nicki Minaj

**American Idol.** Minaj claims he made racist statements; Aerosmith frontman says it was a misunderstanding

Steven Tyler is apologizing — if Nicki Minaj misinterpreted his recent comments.

The former American Idol judge and Aerosmith frontman responded to Minaj's claim that he's a racist.

Minaj took offence to comments Tyler made during an MTV interview in which he said Bob Dylan would likely be immediately dismissed from this year's show.

Idol premieres Jan. 16 on the Fox network with Minaj, Mariah Carey and Keith Urban serving as new judges. The rapper called the comment racist and fired an expletive at the Aerosmith frontman.

During an interview with the Canadian entertainment news program eTalk, Tyler spoke directly to Minaj, saying: "I apologize if it was taken wrong, Nicki."

"I am the farthest from — what did she say I was? — a racist." THE ASSOCIATED PRESS

# Don't let these three tracks get lost in the confusion



SOUND CHECK
Alan Cross
scene@metronews.ca

With just a few exceptions, all the major releases are now in the stores. Don't miss out on Local Natives, Holy Ghost, Walk Off the Earth




## 1 Breakers/Local Natives

The first single from their second album, Hummingbirds. Sounds like they've learned a few things from touring with Arcade Fire.

## 2 It Gets Dark /Holy Ghost

Dark modern disco that may take you back to the dark electro-pop of the early '80s. If Depeche Mode were a new band today, they might sound like this.







## 3 Red Hands/ Walk Off the Earth

The band out of Burlington, Ont., famous for their cover of Gotye's Somebody That I Used to Know, offers this uplifting anthem from their new EP, R.E.V.O.



Jesse Cohen and Eric Emm of Tanlines. GETTY IMAGE

# See the light (and enter the dark) with the talented Tanlines

**Mixed Emotions.**
Spring debut release embraces both positive and negative, just like Jesse Cohen of Brooklyn electronic act

PAT
HEALY
Metro World News in Boston

When doing an internet search for music by the electronic act Tanlines, it's inevitable that a much more popular release by a musician who has nothing to do with the Brooklyn-based duo will pop up.

"Oh, you mean Luke Bryan? Tailgates & Tanlines?" asks Jesse Cohen. It's almost a novelty to hear a guy who plays keyboards, drums and bass for a dance group to name check a country superstar. But Cohen recently became quite familiar with the album that shares a word with his band's name.

"We did a tour of the South two weeks ago, which we had never done, and I made sure to bring that, just to finally listen to it, because it's a huge album and it sold like over a million copies this year, so it's always been all over my Google alerts," he elaborates.

Cohen says while Luke Bryan's brand of baseball-hat country is not exactly his favorite type of music, he does appreciate the music for what it is.

In conversation, Cohen comes across as a person who strives for positivity, but is honest about the negatives. This ethos has a lot in common with Tanlines' debut album, Mixed Emotions, which came out this past spring.

The music is upbeat, but there's conflict within the lyrics and the rhythms.

"We wanted to write an album that's an honest reflection of who we are as two individuals," says Cohen of himself and singer/guitarist Eric Emm. "It's that mix of light and dark, happy and sad and upbeat and melancholic at the same time."

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Psychedelic rockers Black Moth Super Rainbow keep their distance with their poppy, expletive-laden new offering, Cobra Juicy. SEVEN FIELDS OF APHELION

# Masking shortcomings

**New music.** Tom Fec from Black Moth Super Rainbow talks singing ability, wearing masks

HEIDI PATALANO
Metro World News

Tom Fec, otherwise known as Tobacco, otherwise known (with other band members) as Black Moth Super Rainbow, is something of a man of mystery. Sequestered in the woods outside of Pittsburgh, Fec sings only through the electronic machinations of a vocoder, so it's rare when a journalist gets to hear his absent-minded meanderings without a filter.

"I have a lot of limitations because I can't sing," he explains. "I can pretty much get anything I want out of the vocoder, so that's why I go with it."

Masks are also a major theme for this enigmatic band, who just released their fifth full-length album. Like most of the BMSR albums before it, the cover art for Cobra Juicy features a haunting face. The hollow eyes of it seem to echo the distance Fec puts between himself and the fans of his work, and it gives the psychedelic trash-rock he makes that much more effectively creepy.

"I grew up on Garbage Pail Kids and Mad Balls and all that kind of s—," Fec says. "I was always drawn to this big colourful kind of ugly, but well-designed faces and I think that's what it'll always be. I think (the cover art) is as important as the music. I think it frames it all so I have to make it for every album."

The care that Fec puts into the design of those creepy faces is purposeful, he says. Cobra Juicy was funded by a Kickstarter campaign and Fec wants to be sure that fans are getting something for their money.

"There aren't a lot of bands who really care about their album covers, it feels like," he says. "They're really boring and it makes sense to me why you would want to just download it and not own a physical copy. It's like, 'Why would I want this stupid picture? Why would I want this in my house?'"

**Quoted**

**"I have a lot of limitations because I can't sing."**

**Tom Fec**
Talking about making music.

**Pop with an edge**

## *Getting the juicy sound*

HEIDI PATALANO
Metro World News

As for the sound of the new album, itself, Tom Fec says "it's about as poppy as I thought we'd ever do."

But he also adds that fans can expect to hear a meaner, sharper edge in the lyrics. The album is the first of the band's to feature a parental advisory sticker, after all.

"It's a more fun album. It's a little more like me, I guess. It's a littler meaner," he says. "It's not nice because I always thought of Black Moths as my baby and I've always curated the way I release it to the public in a nice way. At the end of the day, it's not totally who I am. I guess it's just more honest."

**Quoted**

**"It's a more fun album. It's a little more like me, I guess. It's a little meaner. It's not nice because I always thought of Black Moths as my baby and I've always curated the way I release it to the public in a nice way."**

**Tom Fec**
Member of Black Moth Super Rainbow.

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# The Pirelli Calendar 2013: Not skin deep

**In Brazil.** The iconic calendar is revealed ... but where's all the nudity?

RICHARD PECKETT
Metro World News

Chaps, we're not sure how to break this to you, but here goes ... the 2013 Pirelli calendar shot by Steve McCurry features clothed models. But don't worry, it's not a complete travesty.

In previous years, leading photographers such as Mario Sorrenti, Terry Richardson, Patrick Demarchelier and Karl Lagerfeld have all pictured scantily clad or full nudes for the calendar.

Yes, this is not the usual Pirelli protocol.

However, there's plenty to appreciate in the form of Rio de Janeiro's natural beauty from samba dancers, a fruit seller to dramatic street art and even a pregnant Adriana Lima.

"I tried to portray Brazil, its landscape, its economy and its culture, along with the human element," McCurry says.

"I would say I am a street photographer doing 'found situations.'

"You can photograph nudes anywhere," he adds.

Most of the male population may disagree but nevertheless, the calendar, which features 23 portraits of actresses and models (all committed to humanitarian and charitable organizations), includes Isabeli Fontana, Karlie Kloss and Liya Kebede, nine daily life shots and a further two of graffiti and murals.

The collection is a striking portrayal of Brazil as a progressive BRIC nation and a key market for Pirelli.

Clearly business and beauty can make for happy bedfellows.



The newest edition of the Pirelli calendar features only clothed models.
HANDOUT

**Next week**

Read metro's interview with Adriana Lima in Tuesday's edition of the paper.



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2008 CHEV IMPALA LS Stk# U124437 $11,700
2009 DODGE GR. CARAVAN SE Stk# 6130334A $16,900
2009 FORD FOCUS SE SPORT Stk# U124418 $13,800
2009 NISSAN VERSA S Stk# 2121530A $12,600
2009 TOYOTA VENZA LIMITED AWD Stk# 2121517A $24,800
2010 FORD FUSION SE Stk# U124390 $14,300
2010 HONDA FIT LX SPORT Stk# 2121000A $16,000

HONDA CIVICS 40 AVAILABLE (65) STK# 2121550A FROM $7,800
HONDA FITS 4 AVAILABLE (10) STK# U124175A FROM $7,900
HONDA ACCORDS 16 AVAILABLE (29) STK# 6111389B FROM $9,500
HONDA ODYSSEYS 8 AVAILABLE (14) STK# 2120552B FROM $7,900
HONDA CR-VS 22 AVAILABLE (32) STK# 2130073A FROM $16,900
HONDA PILOTS 10 AVAILABLE (18) STK# 6122246A FROM $15,900
HONDA RIDGELINES 6 AVAILABLE (12) STK# U124393 FROM $22,200
HONDA ELEMENTS 4 AVAILABLE (8) STK# U124415 FROM $17,900
2010 NISSAN SENTRA 1 AVAILABLE (3) STK# 2122098A WAS $13,900 $11,900 NOW

MANAGERS SPECIAL
2008 GMC Z71 CREWCAB STK# 2121651A WAS $22,000 $19,000 NOW
2010 LEXUS RX350 ULTRA PREMIUM PKG NAVI, DUAL DVD'S STK# U124439 WAS $39,800 $36,900 NOW
2008 ACURA TL TYPE-S AUTO STK# U124396 WAS $26,200 $23,900 NOW

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Halle Berry

# Halle's den of drama for sale, but she's waiting for the Berry best offer

Halle Berry is reportedly selling the Hollywood Hills mansion where her recent Thanksgiving celebrations ended in a brawl between fiancé Olivier Martinez and ex-boyfriend Gabriel Aubry, according to Hollyscoop. But the Oscar winner isn't unloading it because of the recent bad memories. Berry secretly listed the five-bedroom, 5,900 square-foot home a couple of weeks before Thanksgiving and received an $11 million offer last week, but she's holding out for more.

# Two and a Half Men star to return to sitcom after mud sling



Angus T. Jones

Despite making news with a video in which he called Two and a Half Men filth and urged viewers to stop watching, Angus T. Jones will be returning to the hit sitcom when production picks back up in January, according to TMZ. "Angus expects to report to work after the holiday break," a source says. "He intends to honour his contract through the end of the season."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**The Word**

## *Pull out the pre-written, Lindsay Lohan story template*



THE WORD
Dorothy Robinson
scene@metronews.ca

With all the divorces, marriages and arrests I report on, being a gossip columnist can sometimes feel like being in Groundhog's Day — and Lindsay Lohan is my Ned Ryerson.

Yes, the troubled starlet was arrested yet again for punching another woman at a New York City nightclub around 4 a.m. on Thursday morning. Lohan apparently was "partying hard" at the club, called Avenue, and was "looking for trouble," a source tells RadarOnline. That trouble



manifested itself through a clubgoer named Tiffany Eve Mitchell. Apparently, Mitchell asked Lohan for a photograph. Lohan, who was "drinking heavily and doing cocaine," said no and was "really rude about it." Mitchell kept dancing but Lohan wouldn't let this infraction go. Again, from another eye-witness: "She totally sucker-punched that girl in the face out of nowhere! Nobody saw it coming," RadarOnline.com reports. "Lindsay went wild. She was kicking and screaming, cursing at the girl and then spat at her. The girl looked like she wanted to fight back at Lindsay, but was too startled by all the commotion to react."

So, the cops were called. Lohan was spotted attempting to leave the club, hopping into the passenger seat of her car before cops pulled her out and arrested her. Lohan was heard yelling, "Are you kidding me?" as she was led away, a source says.

She was released four hours later and given a citation and a court date. Being a refined wordsmith, I'm not good at math, but by my calculation, that is probably her one millionth court appointment to date.

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# Give Martha Stewart a run for her money

**First dinner party.** Here are some tips to ensure your guests enjoy their evening

EMMA GODMERE
life@metronews.ca

Sure, beer and pizza are perennial party favourites. But treating guests to a home-cooked meal? Now there's a delicious accomplishment.

Planning your first dinner party may sound like a heaping helping of work. But if you're not the type to keep coasters and cocktail napkins on hand, have no fear: playing host isn't all that hard.

You don't even have to have a full-fledged dining room. Ottawa food blogger Kelly Brisson regularly seats her dinner guests around a large, folding card table that she easily stores away.

"Once the food's on it, no one really looks at the table anyway," she laughs.

Brisson has written about crafting simple, savoury meals on her blog, The Gouda Life, for the last four years, and is well-versed on dinner party do's and don'ts. The first thing a new host or hostess should keep in mind, she suggests, is keeping a cool head.

"You really want to spend the day enjoying the process of cooking and just setting up the table the day of the party," she says.

Reduce your day-of duties by tidying your space the day before and preparing side dishes in advance that can be easily reheated prior to your guests' arrival. When it comes to the feat of the feast, consider items that you have cooked up before, or that you're comfortable making and know taste great.

Keep friends' dietary restrictions in mind as you plan your menu. No one should feel left out or think they have to bring their own dish.

That said, if a guest offers to bring something, it's smart to accept. "Let them help you out," says Brisson.

Stock up on ice, Brisson suggests, and have some extra wine and non-alcoholic beverages on hand. Another tip: Craft a special cocktail to offer guests as they arrive. "It makes people feel welcome and it gives you something to talk about — a bit of an icebreaker."

Most importantly? Have fun. "It's just dinner — whoever you've having over is there to eat and enjoy your company," she sums up.



Preparation is one of the keys to a dinner party. ISTOCK

## Easy appetizer. Roasted Curry Cauliflower Dip

- 1 head cauliflower, cut into bite-sized florets
- 4 cloves garlic, whole
- 1/2 tsp (2 ml) curry powder
- 1/4 tsp (1ml) ground cumin
- pinch cinnamon and salt
- olive oil
- 1/3 cup (75 ml) plain Greek yogurt
- 1 to 2 tbsp (15 to 30 ml) lemon juice
- cayenne pepper, to garnish (optional)



**1.** Preheat oven to 375 F. Place cauliflower, garlic cloves, curry, cumin, cinnamon and salt into bowl. Drizzle with olive oil. Toss onto baking sheet and roast 15 minutes, until edges of florets are golden brown. Flip and roast another 8 minutes until everything is golden and fork-tender.

**2.** Place in food processor with Greek yogurt, lemon juice and a drizzle of olive oil and blend until smooth. Taste for seasoning and add more salt if necessary. Spoon into large bowl, add a touch more olive oil and sprinkle of cayenne pepper. Serve with veggies and pita.

**The last of the firsts**

**This is the final in a week-long series of articles chronicling some of the rites of passage many of Metro's readers will experience as they leave the nest or school and head out on their own.**

- **Share.** Have you ever thrown a dinner party? Any tips you'd like to share in making it a success? Visit metronews.ca/features/firsts, tweet us or even turn to the person next to you and share your stories.

**Liquid Assets**

## *Excellent dinner mates*



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

While I like having people over to the house as much as the next guy, plotting a dinner party ranks just below ironing on my list of things I can't stand doing. I know I'm in the minority.

With more and more people DIYing their homesteads into dream palaces, the inclination to have friends over to enjoy the fruits of their labours — during a nice meal accented with a glass of wine — has never been stronger.

Finding an all-purpose dinner wine that will work well with a variety of menus while appealing to a wide range of picky palates isn't easy.

Pinot grigio is my go-to grape on the white side. Italy's Santa Margherita 2011 Pinot Grigio ($16.95 to $21.49) has a crisp, refreshing, lightly citrusy personality that makes a very accommodating table mate. For a red people-pleaser, think sweet rather than dry. E & J Gallo's 2010 Apothic ($14.99 to $17.99) from California has a cocktail vibe to its ripe, just-crushed red berry fruit flavour, thanks to a supportive backbone of residual sugar. Add a slight chill and it pairs remarkably well with most main courses.



**PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**



Have a few gaps in your schedule you're looking to fill?
Whether you're hoping to dance, drink or just relax, check out these hot upcoming events courtesy of Notable.ca.
To get even more info on these Notable happenings, make sure to check out notable.ca/nationwide/metro/Nov30



**NOTABLE NOW**
Julian Brass, Founder of notable.ca, Canada's online source for young professionals



## Movember Presents: A Gentleman's Brunch

For all the mos who grew 'staches through November in support of prostate cancer, this brunch is for you. Hosted by Social House and Tops & Tails, this is a congratulatory brunch at Belgo Brasserie. Enjoy hot shaves courtesy of London Barbers, a Full Glenmorangie scotch tasting, brunch buffet, and gift bag. Takes place Saturday. Check their Facebook page for details.

## One Night. One Dream. One Cause

(Belvedere) RED in collaboration with justcocktails.org invite you to toast to the World Aids Day and launch the new (Belvedere) RED bottle at MOCA (104, 800 Macleod Trail S.E.). DJ Mikey Da Roza will set the mood while (Belvedere) RED handcrafted cocktails will be served. All donations during this unforgettable night will be given to the local SHARP Foundation and MOCA Gallery. Takes place Saturday. RSVP to mgonneville@chartonhobbs.com. Visit justcocktails.org for more information.

## 2012 Calgary Carol Festival

It doesn't feel like the holiday season without the sound of carolers! Enjoy songs by dozens of Calgary area choirs and let their voices warm your heart at the Knox United Church (504 4 St. S.W.) Saturday to Monday. Admission is free and donations to the Food Bank are gratefully accepted.

## Christmas Shop Inglewood

Calgary's oldest neighbourhood welcomes one and all to rediscover the city's original Main Street along 9th Avenue South East and more than 65 locally-owned, one-of-a-kind shops and restaurants that call it home. Inglewood will be even easier to stop, shop, drink and dine in thanks to free weekend parking and the city's most unique selection of holiday gift ideas. Dec. 1 to 16. calgary-inglewood.com.



## Christmas with the Barenaked Ladies

They have 20 years of hits and eight Juno Awards. Celebrate Christmas with The Barenaked Ladies and the CPO Dec. 5 at Jack Singer Hall (205, 8 Ave. S.W.). This is a special concert of holiday classics and crowd favourites — One Week, Brian Wilson, Pinch Me, Big Bang Theory and If I Had a Million Dollars — that will surely get you Barenaked for the holidays! cpo-live.com.



## Fox Lion Goat: A Fable Creation Cabaret

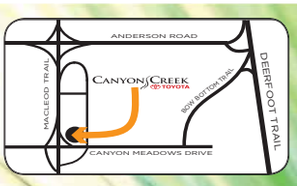
Swallow-a-Bicycle Theatre presents an evening of a multitude of diverse theatrical interpretations of Aesop's Fables by some of Calgary's most creative young voices at Crossroads Market, (1235 26 Ave. S.W.) on Saturday. Check out some of Calgary's hottest emerging artists in a mind-blowing multimedia creation cabaret, the Fox Lion Goat Cabaret. swallowabicycle.com/performances/fox-lion-goat.







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HOLIDAY 2012
m
gift guide

# Take a byte out of the holidays



Galaxy Nexus 10 — $399.99 and up, below, MacBook Pro with Retina Display — $1,699 and up, bottom right, new iMac — $1,299 and up, bottom left.

MIKE YAWNEY
For Metro

Computers and tablets are always popular gifts during the holidays. Unfortunately, people are often lured by sales and promotions and fall into the trap of buying the wrong one.

Here's a look at the best tablets and computers so you don't disappoint your loved one this holiday season.



**iPad Mini — $329 and up**

All the features of Apple's iPad in a model you can hold in one hand. The iPad Mini is the perfect tablet for those on the move. It's small-form factor and light weight means you can stuff it into any bag or purse, yet it can do everything a full-sized iPad can do.

**Surface — $499 and up**

Microsoft's Surface has features not seen on other tablets. For starters, it comes preloaded with Windows 8, a new take on the classic stuffy operating system. A built-in kickstand gives you freedom to prop it up on any surface, while the Touch Cover (sold separately) not only protects the screen, it doubles as a keyboard. Surface also has a USB port that allows connectivity to many devices, including printers.



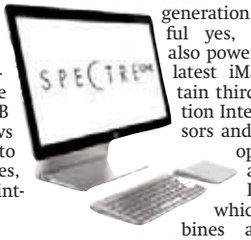
**Galaxy Nexus 10 — $399.99 and up**

Behold the tablet with the amazing screen. Google's Nexus 10 sports the highest resolution on any tablet with more than 4 million pixels in your hand; that's even more than Apple's new iPad. The beautiful screen makes it perfect to use it as an entertainment device, although it will handle any work you throw at it.



**New iMac — $1,299 and up**

Never has a computer looked this beautiful. Apple's new iMac is a mere five millimetres thin at its outer edge and has 40 per cent less volume than the previous generation. Beautiful yes, but it's also powerful. The latest iMacs contain third-generation Intel processors and has the option of a Fusion-Drive, which combines a traditional hard drive with Flash storage to ensure the programs you use the most launch from Flash storage at lightning speed.




**HP SpectreOne — $1,299**

Art meets technology. HP's SpectreOne looks like a traditional all-in-one PC, but its looks are deceiving. This Windows 8 PC features a 23.6-inch monitor that is actually a 10-point touchscreen display, so you can simply touch the screen instead of using the touchpad or keyboard. The SpectreOne also features a Beats Audio headphone jack and HDMI-in so you can watch external devices on the beautiful display.



**Sony Vaio Tap 20 — $1,089.99**

Is it an all-in-one computer or a tablet? Well, it's both. The secret is in the battery hidden in the screen. Since you don't have to plug it in, you can take the Tap 20 anywhere and use it as a tablet. Or set it up on a flat surface, pull out the keyboard and mouse and use it as a full-fledged computer. With a 20-inch screen it's certainly a large tablet, but who says that's a bad thing.



**MacBook Pro with Retina Display — $1,699 and up**

Spoil your eyes with Apple's latest MacBook Pro. This 13-inch laptop features state-of-the-art processors, amazing graphics capabilities and Flash storage. But the screen is the real draw here. It may be a bit pricier than many laptops in the same size category, but once you feast your eyes on the Retina display, you will have issues using anything else. Seeing is believing.

iPad Mini — $329 and up, left, Sony Vaio Tap 20 — $1,089.99, top left, HP SpectreOne — $1,299, above, Surface — $499 and up.

**Correction**

The Panasonic Lumix DMC-ZS20 retails for $379 and does not have 3-D capabilities. Incorrect information appeared in last week's Holiday Gift Guide. Metro regrets the error.

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Lansdowne Mall
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13711 72nd Avenue
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6446 Fraser Street
665 Robson Street*
779 Thurlow Street
807 Hornby Street*
8415 Granville Street
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# Hot holiday finds for the hostess




Holiday Red Carafe, $38.45, Christmas blend, $18.95, available at Starbucks, starbucks.ca.



Limited Edition Nutcracker with Chocolates, $25, available at Indigo, chapters.indigo.ca.



Winter Snowfall Dinnerware Set, $39.99, available at Canadian Tire, canadiantire.ca.



Cranberry Cosmo Set, $12.99, available at Shoppers Drug Mart, shoppersdrugmart.ca.



Stockholm Tray, $19.99, available at Ikea, ikea.com.



Brass Wine Bucket, $59.99, available at Homesense, homesense.ca.




Cabin Sock Candy Tins – Maple Crunch, $12.95, available at Roots, canada.roots.com.




President's Choice Belgian Assorted Biscuit Collection, $4.99, available where President's Choice products are sold, presidentschoice.ca.






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# Fit for a princess

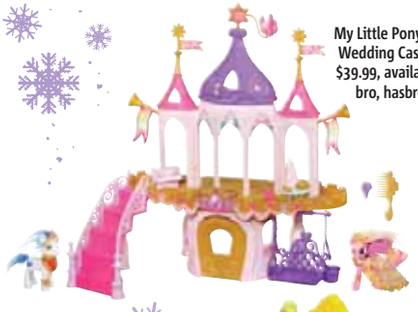
Bratz Style Starz, $27.99 each, available at Toys "R" Us and Walmart stores, toysrus.ca, walmart.ca.





Holiday Barbie, $49.99, available at Canadian Tire, canadian tire.ca.

My Little Pony Princess Wedding Castle Playset, $39.99, available at Hasbro, hasbro.com.





Fureal Friends Bouncy My Happy-To-See-Me Pup, $49.99, available at Hasbro, hasbro.com.



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# Inspire others with green gift options

LISA BORDEN
YummyMummyClub.ca



Making cookies and delivering them once a month is a present that may inspire others to make the world a better place. GEORGE DOYLE/STOCKBYTE/THINKSTOCK

Instead of careening madly around stores, desperately purchasing gifts this holiday season (translation: Possibly useless stuff that is not needed or wanted), make the getting and giving of gifts green this year.

The green present is one that inspires people to live healthier lives, makes the world a better place, supports good people and companies, doesn't contribute excess litter and waste, and makes your getters very happy.

To help you in your quest to give the perfect green gifts, here are some great ideas for the holiday season:

### SHARE YOUR OWN GIFTS

Make something (cookies? bread?) and deliver it once a month. Offer up what you are good at (babysitting? handiwork?) and give as a gift certificate. You can even collect your favourite recipes and put them into a recipe box.

### GIVE GIFTS THAT ARE INDULGENT (BUT NOT REALLY!)

Why not give an organic hot/cold therapy pillow, or fair trade chocolate, coffee, or tea?

### GIVE A GIFT THAT ISN'T A THING

Give a membership to a museum or art gallery, or a night out at the movies, a tree to plant, a weekend away, tickets to a concert, or a donation to a favourite charity.

### GIVE GIFTS THAT KEEP ON GIVING

Reusable water bottles (not plastic!) and reusable grocery bags make great gifts.

Or you can even send local weekly fruit and vegetable boxes.

### BE CREATIVE

Use reusable containers or bags to package. Use old newspapers, magazines or comics to wrap. Use scarves, bandanas, belts or shoelaces to tie. Use fresh herbs, old buttons or cut-up textiles to adorn.

### AND HINTS FOR THE DAY AFTER ...

Wrapping paper and ribbon from others: Re-use.

The big pile of holiday cards from everyone: Recreate (make them into note cards).

Unneeded and unwanted stuff: Re-gift.

Family and friends: Remind them that next year they can do what you have done so well this year.

**YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD.**

# Recipe. Sweet and Salty Shortbread Mounds

This recipe for delightful treats makes about 5 dozen cookies. Enjoy!



Sweet and Salty Shortbread Mounds. CONTRIBUTED

### Ingredients:

- 1 cup softened Gay Lea Unsalted Butter
- 1 cup instant dissolving sugar
- 1/2 cup smooth peanut butter
- 1 tsp vanilla extract
- 2 ¼ cups all-purpose flour
- ½ tsp salt
- ½ cup crumbled, salted pretzel sticks
- ½ cup chopped, salted roasted peanuts

Chocolate Glaze:

- ¾ cup semi-sweet chocolate chips
- 3 tbsp Gay Lea Unsalted Butter
- 1 tbsp corn syrup

### Instructions:

Beat the butter with the sugar, peanut butter and vanilla until fluffy. Beat the flour and salt into the butter mixture just until combined. Stir in the pretzels and peanuts. Chill for 15 minutes.

Roll 1 tbsp portions of the dough into balls. Arrange the balls, about 1-inch apart, on parchment paper-lined baking sheets. Chill for 30 minutes.

Preheat the oven to 325°F. Bake, in batches, for 14 to 16 minutes or just until pale golden on the bottom (do not over-bake). Cool completely on the baking sheets.

Chocolate Glaze: Melt chocolate chips with butter and corn syrup until smooth.

Dip the top of each cookie into the chocolate mixture. Sprinkle with additional finely chopped pretzels and peanuts to garnish. Let stand until chocolate is set.

**Tip:**

Store the baked cookies in an airtight container at room temperature for up to one week, or in the freezer for up to one month.

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# Gifts that amuse — and enlighten

**Family fun.** Learning while gaming? Check out these new titles

KAREN FALCON
For Metro

Try these fantastic video games for the young gamer (and their parents, too).




**Lego The Lord of The Rings**
**Multi-platform: E10+**
Take a little hobbit, turn him into Lego, give him a bunch of friends and a shovel, send him out into a vast Lego universe to protect a ring, and you end up with a monumental adventure full of epic battles, Lego bows, and Lego swords. With more playable characters than you can shake a wizard at, this two-player drop-in/drop-out action-adventure game can be played pretty much until your hands fall off. What's cuter than a Lego hobbit? Mom playing as Gandalf, that's what.

And then there's motion-sensitive gaming. It's like crack for kids. But it's magic — they don't know they're learning stuff but they are. Education and gaming together, you say? How? Specifically for the Xbox 360, it's the Kinect Sensor peripheral ($109 MSRP), and the following whack of engaging titles is available for you to gift in the name of fun and learning.

**Dance Central 3: T**
Four decades of dance moves will have your kids learning original routines while dancing (a.k.a. working out, but don't tell them that) and wearing out the carpet. Seriously voice controlled and packed with more than 40 songs from yesterday and today, Dance Central 3 also includes a brand spanking new multiplayer mode for up to eight players.



Lego The Lord of The Rings offers many playable characters. CONTRIBUTED

**Kinect Sesame Street**
If you take real segments from Sesame Street and add motion-sensitive gaming, you get a one-of-a-kind interactive learning experience. Rated Early Childhood, this immersive title allows your child to play catch with Elmo, count coconuts with Grover, use voice commands to take pictures, and engage with some of their other favourite Sesame Street characters.

**Nat Geo TV: E10+**
Rwaar! I'm a bear! You can be a bear and you can learn about bears. Never before has discovering the natural world been so interactive — right in your own living room. With the brilliant combination of live-action footage from Nat Geo WILD TV, tiny quizzes and breaks for motion-sensitive mini-games.

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# Take aim at this batch of top video game titles

**Gaming gifts.** You might want to buy a copy for yourself, too

KAREN FALCON
For Metro



A screen shot from Assassin's Creed III, the third game in the series that features vast expanses. CONTRIBUTED

If you have a gamer on your list, we're here to help. We've played a bunch of stuff (all less than $60 MSRP) and narrowed it down to the hottest titles available this holiday season.

Just remember to buy two — one for them, and one for you.

**FOR THE TEEN GAMER AND OLDER:**




**Borderlands 2**
**Multi-platform: M**
Best shooter! Best RPG! Best DLC (with promises of more)! Best characters! Best (and most) guns in all of video game land! We're pretty sure this is the best of everything and it's all rolled into one package of awesomeness.

I don't know how else to tell you this might be "the" game to gift. It's just that good. The single player is grand, the co-op is equally as grand, and the DLC just makes me smile.

Not sure if you have heard, but lootin' 'n shootin' are the most fantastic things since sliced bread. Well, that and reloading, tossing out the empty clip, and having it explode like a grenade. We don't think there's anything more enjoyable than reloading and yelling "frag out." Nope, nuthin'.




**Halo 4**
**Xbox 360: M**
Wake up, Master Chief! Wake up! It's time to wander around space in your Spartan suit while looking really cool, shooting aliens, and being surrounded with the best graphics we've seen in recent memory.

Wow — just wow. Full of everything you expect from the franchise plus a whole lot more — this instalment is the beginning of a whole new saga to save mankind.

With new enemies and new ways to track your stats, you can co-op and/or multiplayer your way through this award-winning blockbuster game all the way into 2014.

And you already know that you can make your own multiplayer maps, too, right? Doesn't get much better than that.




**Assassin's Creed III**
**Multi-platform: M**
Free-running is where it's at and you'll need to set aside three solid weeks of your life to do it. Set in Boston, New York, and the frontier, overflowing with incredible attention to detail, the third game in this series does not disappoint. With a new engine, vast expanses to play in, tree canopies to run through, beavers to assassinate, and ships to sail across the seas, staying incognito has never been a more enjoyable challenge. As America's first highly trained Master Assassin, you get a plethora of weapons: Swords, a bow and arrow, some rope darts, a bunch of other stuff, and a tomahawk.

**Forza Horizon**
**Xbox 360: T**
Dirt tracks, music festivals, and graphics that will knock your socks off — yes, Forza Horizon is all that and more. No longer the straight-laced racing sim you've come to associate with the name Forza, this title is more like an open-world, racing fun exploring explosion. With hidden cars, 250 events, and a solid AI that takes solo or multiplayer racing into a whole new experience, new fans and old will be driving through signs, painting their cars, destroying some landscaping, and racing their dream cars against aeroplanes. Yes, I said aeroplanes. So good.

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STK K1600

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STK K1458

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## 2013 Ford Edge SEL



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|---|---|
| MSRP | $38,249 |
| 50% off Option | - $996 |
| Del Allow | - $1,000 |
| Winter Tire Credit | - $750 |
| Price | $35,503 |

Cam Clark Price **$34,779***

STK L64

LARIAT DIESEL

## 2012 Ford F350 Crew Cab 4x4



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|---|---|
| MSRP | $77,609 |
| 50% off Option | - $7,660 |
| Del Allow | - $9,250 |
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Coyotes captain Shane Doan sent out word that there would be a mini-camp this week, luring players to Scottsdale, Ariz. About 30 players showed up to work out and play in scrimmages simulating game speed. CHRISTIAN PETERSEN/GETTY IMAGES FILE

# Arizona an oasis for locked-out NHLers

**Looking for action.**
Players from across North America descend on star-studded scrimmages in desert

Phoenix Coyotes goalie Mike Smith lowered into a crouch as the odd-man rush developed in front of him.

The puck went to the left wing and he followed, lodging his skate against the post. A touch pass sent the puck across the front of Smith's crease and he slid over in a flash, whipping his right pad out for a sprawling save, setting off a collective "Oh!" from fans lining the glass behind him.

NHL players on the ice, competing hard, fans cheering them on — it almost felt like a real game.

Of course, it was only a scrimmage in front of a couple hundred people at the Coyotes' practice facility, but as the NHL lockout drags on, fans — and the players — will take anything they can get.

"This is awesome," said Jane Pittet of Scottsdale, Ariz., who left work to catch Thursday's workout at the Ice Den. "I wish it were the real thing, but this is fun to watch."

The Phoenix Coyotes have been holding informal workouts at their practice rink since the lockout started and this week were joined by more than a dozen players from around the league.

Pittsburgh star Sidney Crosby, San Jose forward Patrick Marleau, Buffalo goalie Ryan Miller and Dallas forward Brendan Morrow all made the trip to the desert to skate with the Coyotes.

It was a chance to step up in competition and play against someone other than their teammates.

"It was fun to be out there and, OK, I've actually got to stop this puck," Miller said. "I kind of tried to pretend I was back in front of the home crowd and had to make a stop, so it was good."

The Coyotes have had good turnouts for their player-organized workouts, skating with a dozen or so players who haven't gone to play overseas or in the AHL, while a handful of players from other teams have occasionally joined in.

Crosby helped organize a couple of gatherings in Dallas and Vail, Colo., and the group headed to Arizona this week to join the Coyotes. THE ASSOCIATED PRESS

**Quoted**

**"It just picks up the competitiveness and everyone wants to prove that they're capable of playing and it's a lot of fun."**

Phoenix Coyotes captain Shane Doan

NHL lockout

## Bettman proposes new plan as mediation fails

After arriving at another dead end in negotiations, the NHL and NHL Players' Association emerged from two days of mediation with a new direction to consider.

Commissioner Gary Bettman proposed Thursday that the leadership from both sides step aside for the next bargaining session, leaving a group of owners and players to try and break the stalemate.

"After spending several hours with both sides over two days, the presiding mediators concluded that the parties remained far apart, and that no progress toward a resolution could be made through further mediation at this point in time," deputy commissioner Bill Daly said Thursday in a statement.

THE CANADIAN PRESS

NHL

## Wild goalie diagnosed with multiple sclerosis

Minnesota Wild goalie Josh Harding has been diagnosed with multiple sclerosis.

The Wild confirmed Thursday that Harding is undergoing treatment for the disease, which attacks the body's immune system and affects the central nervous system.

The 28-year-old Harding told the Minneapolis Star Tribune he plans to keep playing. THE ASSOCIATED PRESS



Josh Harding
THE ASSOCIATED PRESS FILE



# THIS WEEKEND YOU HOLD THE CROWN




## CROWN ROYAL AND COLA

1.5 oz Crown Royal Deluxe
5 oz Cola
Lime wedge

Combine ingredients in an ice filled glass.
Garnish with lime wedge.

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# NBA

## EASTERN CONFERENCE

| | W | L | Pct | GB |
|---|---|---|---|---|
| Miami | 11 | 3 | .786 | — |
| Brooklyn | 10 | 4 | .714 | 1 |
| New York | 10 | 4 | .714 | 1 |
| Milwaukee | 7 | 6 | .538 | 3 1/2 |
| Atlanta | 9 | 4 | .692 | 1 1/2 |
| Philadelphia | 9 | 6 | .600 | 2 1/2 |
| Boston | 8 | 7 | .533 | 3 1/2 |
| Chicago | 7 | 7 | .500 | 4 |
| Charlotte | 7 | 7 | .500 | 4 |
| Indiana | 7 | 8 | .467 | 4 1/2 |
| Orlando | 5 | 9 | .357 | 6 |
| Detroit | 5 | 11 | .313 | 7 |
| Cleveland | 3 | 12 | .200 | 8 1/2 |
| **Toronto** | **3** | **13** | **.188** | **9** |
| Washington | 1 | 12 | .077 | 9 1/2 |

## WESTERN CONFERENCE

| | W | L | Pct | GB |
|---|---|---|---|---|
| Memphis | 11 | 2 | .846 | — |
| San Antonio | 13 | 4 | .765 | — |
| Oklahoma City | 12 | 4 | .750 | 1/2 |
| L.A. Clippers | 9 | 6 | .600 | 3 |
| Golden State | 8 | 6 | .571 | 3 1/2 |
| Utah | 9 | 7 | .563 | 3 1/2 |
| Denver | 8 | 7 | .533 | 4 |
| L.A. Lakers | 7 | 8 | .467 | 5 |
| Houston | 7 | 8 | .467 | 5 |
| Dallas | 7 | 9 | .438 | 5 1/2 |
| Phoenix | 7 | 9 | .438 | 5 1/2 |
| Minnesota | 6 | 8 | .429 | 5 1/2 |
| Portland | 6 | 9 | .400 | 6 |
| Sacramento | 4 | 10 | .286 | 7 1/2 |
| New Orleans | 4 | 10 | .286 | 7 1/2 |

Division leaders ranked in top four positions and best eight teams qualify for playoffs

**Thursday's results**
Miami 105 San Antonio 100
Denver at Golden State
**Wednesday's results**
San Antonio 110 Orlando 89
Washington 84 Portland 82
Detroit 117 Phoenix 77
Brooklyn 95 Boston 83
Atlanta 94 Charlotte 91
Chicago 101 Dallas 78
Memphis 103 **Toronto 82**
New York 102 Milwaukee 88
Oklahoma City 120 Houston 98
Utah 96 New Orleans 84
L.A. Clippers 101 Minnesota 95
**Friday's games — All Times Eastern**
Phoenix at **Toronto**, 7 p.m.
Brooklyn at Orlando, 7 p.m.
Philadelphia at Charlotte, 7 p.m.
Portland at Boston, 7:30 p.m.
Washington at New York, 7:30 p.m.
Cleveland at Atlanta, 7:30 p.m.
Milwaukee at Minnesota, 8 p.m.
Detroit at Memphis, 8 p.m.
Utah at Oklahoma City, 8 p.m.
Indiana at Sacramento, 10 p.m.
Denver at L.A. Lakers, 10:30 p.m.
**Saturday's games**
Portland at Cleveland, 7:30 p.m.
Brooklyn at Miami, 7:30 p.m.
Philadelphia at Chicago, 8 p.m.
Utah at Houston, 8 p.m.
Oklahoma City at New Orleans, 8 p.m.
Boston at Milwaukee, 8:30 p.m.
Memphis at San Antonio, 8:30 p.m.
Detroit at Dallas, 9 p.m.
Indiana at Golden State, 10:30 p.m.
Sacramento at L.A. Clippers, 10:30 p.m.
**Sunday's games**
Phoenix at New York, 12 p.m.
Orlando at L.A. Lakers, 9:30 p.m.

## NBA SCORING LEADERS

| | G | FG | FT | PTS | AVG |
|---|---|---|---|---|---|
| Bryant, LAL | 15 | 138 | 108 | 416 | 27.7 |
| Durant, Okl | 16 | 138 | 124 | 426 | 26.6 |
| Anthony, NYK | 14 | 130 | 79 | 371 | 26.5 |
| James, Mia | 13 | 129 | 51 | 327 | 25.2 |
| Harden, Hou | 15 | 110 | 118 | 368 | 24.5 |
| Westbrook, Okl | 16 | 120 | 70 | 331 | 20.7 |
| Aldridge, Por | 14 | 115 | 55 | 285 | 20.4 |
| Bosh, Mia | 13 | 94 | 73 | 263 | 20.2 |
| Mayo, Dal | 16 | 109 | 55 | 316 | 19.8 |
| Pierce, Bos | 15 | 93 | 81 | 295 | 19.7 |
| Gay, Mem | 13 | 95 | 42 | 250 | 19.2 |
| Lillard, Por | 15 | 100 | 49 | 287 | 19.1 |
| Ellis, Mil | 13 | 95 | 47 | 246 | 18.9 |
| Lopez, Bro | 14 | 111 | 37 | 259 | 18.5 |
| Holiday, Phi | 15 | 107 | 45 | 278 | 18.5 |
| Curry, GoS | 14 | 87 | 50 | 257 | 18.4 |
| Duncan, SA | 16 | 118 | 57 | 295 | 18.4 |
| **DeRozan, Tor** | **16** | **108** | **66** | **290** | **18.1** |
| Batum, Por | 15 | 93 | 43 | 269 | 17.9 |
| Howard, LAL | 15 | 97 | 75 | 269 | 17.9 |
| **Bargnani, Tor** | **15** | **99** | **45** | **268** | **17.9** |
| Deng, Chi | 14 | 94 | 45 | 246 | 17.6 |
| Crawford, LAC | 15 | 84 | 65 | 263 | 17.5 |
| Parker, SA | 15 | 110 | 33 | 259 | 17.3 |
| Randolph, Mem | 13 | 87 | 46 | 220 | 16.9 |
| Anderson, NO | 14 | 90 | 10 | 237 | 16.9 |
| Griffin, LAC | 15 | 103 | 47 | 253 | 16.9 |
| Matthews, Por | 15 | 89 | 39 | 252 | 16.8 |
| Jennings, Mil | 13 | 84 | 29 | 216 | 16.6 |
| Jefferson, Uta | 16 | 111 | 42 | 265 | 16.6 |
| Sessions, Cha | 14 | 74 | 76 | 231 | 16.5 |
| Monroe, Det | 16 | 104 | 56 | 264 | 16.5 |
| West, Ind | 15 | 100 | 48 | 248 | 16.5 |
| Paul, LAC | 15 | 84 | 66 | 248 | 16.5 |
| Walker, Cha | 14 | 83 | 56 | 231 | 16.5 |
| Cousins, Sac | 12 | 82 | 32 | 197 | 16.4 |
| Lee, GoS | 14 | 97 | 36 | 230 | 16.4 |
| Williams, Bro | 14 | 74 | 57 | 225 | 16.1 |
| Horford, Atl | 12 | 86 | 20 | 192 | 16.0 |
| Garnett, Bos | 15 | 95 | 48 | 238 | 15.9 |
| Martin, Okl | 16 | 73 | 67 | 252 | 15.8 |
| Dragic, Pho | 16 | 86 | 54 | 253 | 15.8 |
| Parsons, Hou | 14 | 81 | 25 | 220 | 15.7 |
| Gasol, Mem | 13 | 68 | 65 | 201 | 15.5 |
| Afflalo, Orl | 14 | 84 | 30 | 215 | 15.4 |
| Johnson, Bro | 14 | 79 | 32 | 215 | 15.4 |
| Iguodala, Den | 15 | 89 | 29 | 229 | 15.3 |
| Smith, Atl | 12 | 82 | 17 | 184 | 15.3 |
| Gallinari, Den | 14 | 73 | 48 | 212 | 15.1 |

**Not including last night's games.**

## RAPTORS STATISTICS

| | G | FG | FT | PTS | AVG |
|---|---|---|---|---|---|
| DeRozan | 16 | 108 | 66 | 290 | 18.1 |
| Bargnani | 15 | 99 | 45 | 268 | 17.9 |
| Lowry | 10 | 53 | 40 | 165 | 16.5 |
| Calderon | 16 | 59 | 19 | 167 | 10.4 |
| Valanciunas | 16 | 59 | 30 | 148 | 9.3 |
| Anderson | 6 | 14 | 8 | 44 | 7.3 |
| Kleiza | 10 | 25 | 17 | 72 | 7.2 |
| Johnson | 16 | 38 | 24 | 101 | 6.3 |
| Davis | 16 | 37 | 21 | 95 | 5.9 |
| Ross | 14 | 34 | 0 | 78 | 5.6 |
| Lucas | 13 | 15 | 4 | 42 | 3.2 |
| Fields | 5 | 5 | 2 | 12 | 2.4 |
| Acy | 3 | 1 | 5 | 7 | 2.3 |
| McGuire | 15 | 15 | 2 | 32 | 2.1 |
| Gray | 8 | 6 | 2 | 14 | 1.8 |

# SOCCER

## MLS CUP

**Saturday's game — All Times Eastern**
Houston vs. Los Angeles, 4:30 p.m.

# GOLF

## PGA WORLD CHALLENGE

**At Thousand Oaks, Calif.**
**Par 72**
**First Round**

| | |
|---|---|
| Nick Watney | 35-32—67 |
| Keegan Bradley | 34-35—69 |
| Graeme McDowell | 36-33—69 |
| Jim Furyk | 37-32—69 |
| Bo Van Pelt | 36-34—70 |
| Tiger Woods | 36-34—70 |
| Webb Simpson | 34-36—70 |
| Jason Day | 35-36—71 |
| Hunter Mahan | 34-37—71 |
| Bubba Watson | 37-34—71 |
| Matt Kuchar | 38-35—73 |
| Jason Dufner | 39-34—73 |
| Rickie Fowler | 38-35—73 |
| Steve Stricker | 39-34—73 |
| Ian Poulter | 38-35—73 |
| Dustin Johnson | 39-35—74 |
| Zach Johnson | 37-37—74 |
| Brandt Snedeker | 36-39—75 |

## NEDBANK GOLF CHALLENGE

**At Sun City, South Africa**
**Par 72**
**First Round**

| | |
|---|---|
| Nicolas Colsaerts, Belgium | 36-34—70 |
| Bill Haas, United States | 35-35—70 |
| Paul Lawrie, Scotland | 35-36—71 |
| Louis Oosthuizen, South Africa | 37-34—71 |
| Lee Westwood, England | 35-36—71 |
| Peter Hanson, Sweden | 35-37—72 |
| Martin Kaymer, Germany | 35-37—72 |
| Francesco Molinari, Italy | 37-35—72 |
| Carl Pettersson, Sweden | 35-37—72 |
| Charl Schwartzel, South Africa | 35-37—72 |
| Justin Rose, England | 35-38—73 |
| Garth Mulroy, South Africa | 41-34—75 |

## PGA TOUR Q-SCHOOL SCORES

**At La Quinta, Calif**
**Par 72**
**Second Round**

| | |
|---|---|
| Meen Whee Kim | 68n-63s—131 |
| Vaughn Taylor | 68s-64n—132 |
| Richard H. Lee | 66n-67s—133 |
| Steve LeBrun | 64s-69n—133 |
| Morgan Hoffmann | 67n-67s—134 |
| Daniel Chopra | 68s-66n—134 |
| Adam Crawford | 66s-68n—134 |
| Edward Loar | 65s-69n—134 |
| Robert Karlsson | 66n-68s—134 |
| Jin Park | 65s-70n—135 |
| Kris Blanks | 65s-70n—135 |
| **Also:** | |
| **Brad Fritsch** | **72n-67s—139** |
| **Matt Hill** | **74s-65n—139** |
| **Mitch Evanecz** | **74s-69n—143** |
| **Roger Sloan** | **71n-72s—143** |
| **Ryan Yip** | **72n-71s—143** |
| **Richard Scott** | **73s-70n—143** |
| **Adam Hadwin** | **74s-71n—145** |

## LPGA Q-SCHOOL

**At Daytona Beach, Fla.**
**par 72**
**Second Round**

| | |
|---|---|
| Moriya Jutanugarn | 68-66—134 |
| Lacey Agnew | 70-67—137 |
| Christina Kim | 72-67—139 |
| Ayako Uehara | 70-70—140 |
| Kim Welch | 68-72—140 |
| Chie Arimura | 70-71—141 |
| **Stephanie Sherlock** | **71-70—141** |
| Ashleigh Simon | 69-72—141 |
| Kathleen Ekey | 68-73—141 |
| **Also:** | |
| **Rebecca Lee-Bentham** | **69-75—144** |
| **Seema Sadekar** | **76-70—146** |
| **Sue Kim** | **76-71—147** |
| **Samantha Richdale** | **76-74—150** |
| **Izzy Beisiegel** | **76-75—151** |
| **Ashley Sholer** | **80-73—153** |
| **Kirby Dreher** | **78-80—158** |

# AHL

## EASTERN CONFERENCE

**ATLANTIC DIVISION**

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|---|
| Manchester | 18 | 9 | 6 | 2 | 1 | 49 | 43 | 21 |
| St. John's | 20 | 10 | 9 | 0 | 1 | 49 | 55 | 21 |
| Worcester | 18 | 9 | 7 | 1 | 1 | 50 | 56 | 20 |
| Portland | 18 | 8 | 8 | 1 | 1 | 57 | 61 | 18 |
| Providence | 16 | 7 | 8 | 0 | 1 | 33 | 48 | 15 |

**NORTHEAST DIVISION**

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|---|
| Springfield | 17 | 10 | 3 | 1 | 3 | 59 | 36 | 24 |
| Bridgeport | 17 | 10 | 7 | 0 | 0 | 56 | 57 | 20 |
| Connecticut | 17 | 9 | 7 | 1 | 0 | 58 | 57 | 19 |
| Adirondack | 18 | 9 | 9 | 0 | 0 | 46 | 50 | 18 |
| Albany | 16 | 4 | 7 | 0 | 5 | 37 | 49 | 13 |

**EAST DIVISION**

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|---|
| Syracuse | 17 | 12 | 3 | 1 | 1 | 65 | 42 | 26 |
| Binghamton | 16 | 10 | 4 | 1 | 1 | 45 | 38 | 22 |
| W-B/Scranton | 18 | 11 | 7 | 0 | 0 | 48 | 40 | 22 |
| Hershey | 19 | 8 | 10 | 1 | 0 | 49 | 55 | 17 |
| Norfolk | 18 | 7 | 11 | 0 | 0 | 50 | 63 | 14 |

## WESTERN CONFERENCE

**NORTH DIVISION**

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|---|
| Abbotsford | 18 | 12 | 2 | 2 | 2 | 51 | 32 | 28 |
| Lake Erie | 19 | 10 | 7 | 1 | 1 | 60 | 57 | 22 |
| Rochester | 17 | 9 | 7 | 1 | 0 | 60 | 52 | 19 |
| Toronto | 18 | 9 | 8 | 0 | 1 | 58 | 52 | 19 |
| Hamilton | 16 | 6 | 8 | 1 | 1 | 34 | 52 | 14 |

**MIDWEST DIVISION**

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|---|
| Grand Rapids | 17 | 10 | 5 | 1 | 1 | 62 | 53 | 22 |
| Rockford | 20 | 10 | 9 | 0 | 1 | 64 | 64 | 21 |
| Chicago | 18 | 8 | 7 | 2 | 1 | 51 | 58 | 19 |
| Milwaukee | 18 | 8 | 8 | 1 | 1 | 51 | 56 | 18 |
| Peoria | 18 | 6 | 9 | 2 | 1 | 43 | 66 | 15 |

**SOUTH**

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|---|---|---|---|---|---|---|---|---|
| Charlotte | 19 | 12 | 5 | 0 | 2 | 67 | 52 | 26 |
| Oklahoma City | 19 | 11 | 5 | 1 | 2 | 63 | 54 | 24 |
| Houston | 19 | 10 | 6 | 1 | 2 | 62 | 56 | 23 |
| Texas | 17 | 8 | 7 | 1 | 1 | 42 | 51 | 18 |
| San Antonio | 18 | 5 | 10 | 0 | 3 | 43 | 57 | 13 |

Note: Two points awarded for a win, one for an overtime or shootout loss.

**Thursday's result**
Houston 2 Oklahoma City 1, (SO)
**Wednesday's results**
St. John's 3 Adirondack 2
San Antonio 4 Rochester 2
Hershey 5 Norfolk 2
Rockford 4 Chicago 2
**Friday's games — All Eastern Times**
Springfield at Manchester, 7 p.m.
Bridgeport at Hershey, 7 p.m.
Binghamton at Adirondack, 7 p.m.
St. John's at Albany, 7 p.m.
Texas at Grand Rapids, 7 p.m.
Worcester at Portland, 7 p.m.
Connecticut at Providence, 7:05 p.m.
Syracuse at W-B/Scranton, 7:05 p.m.
Toronto at Rochester, 7:05 p.m.
San Antonio at Lake Erie, 7:30 p.m.
Chicago at Milwaukee, 8 p.m.
Oklahoma City at Houston, 8:05 p.m.
Hamilton at Abbotsford, 10 p.m.
**Saturday's games**
San Antonio at Lake Erie, 1 p.m.
Manchester at Springfield, 7 p.m.
Worcester at Bridgeport, 7 p.m.
Syracuse at Connecticut, 7 p.m.
Rockford at Charlotte, 7 p.m.
Texas at Grand Rapids, 7 p.m.
Providence at Portland, 7 p.m.
Norfolk at Hershey, 7 p.m.
Albany at Adirondack, 7 p.m.
Rochester at Toronto, 7 p.m.
St. John's at W-B/Scranton, 7:05 p.m.
Peoria at Chicago, 8 p.m.
Hamilton at Abbotsford, 10 p.m.

# NFL

## AMERICAN CONFERENCE

**EAST**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| New England | 8 | 3 | 0 | .727 | 407 | 244 |
| Miami | 5 | 6 | 0 | .455 | 211 | 226 |
| N.Y. Jets | 4 | 7 | 0 | .364 | 221 | 290 |
| Buffalo | 4 | 7 | 0 | .364 | 243 | 319 |

**SOUTH**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| Houston | 10 | 1 | 0 | .909 | 327 | 211 |
| Indianapolis | 7 | 4 | 0 | .636 | 230 | 273 |
| Tennessee | 4 | 7 | 0 | .364 | 238 | 335 |
| Jacksonville | 2 | 9 | 0 | .182 | 188 | 308 |

**NORTH**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| Baltimore | 9 | 2 | 0 | .818 | 283 | 219 |
| Pittsburgh | 6 | 5 | 0 | .545 | 231 | 210 |
| Cincinnati | 6 | 5 | 0 | .545 | 282 | 247 |
| Cleveland | 3 | 8 | 0 | .273 | 209 | 248 |

**WEST**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| Denver | 8 | 3 | 0 | .727 | 318 | 221 |
| San Diego | 4 | 7 | 0 | .364 | 245 | 237 |
| Oakland | 3 | 8 | 0 | .273 | 218 | 356 |
| Kansas City | 1 | 10 | 0 | .091 | 161 | 301 |

## NATIONAL CONFERENCE

**EAST**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| N.Y. Giants | 7 | 4 | 0 | .636 | 305 | 226 |
| Washington | 5 | 6 | 0 | .455 | 295 | 285 |
| Dallas | 5 | 6 | 0 | .455 | 242 | 262 |
| Philadelphia | 3 | 8 | 0 | .273 | 184 | 282 |

**SOUTH**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| Atlanta | 11 | 1 | 0 | .917 | 317 | 226 |
| Tampa Bay | 6 | 5 | 0 | .545 | 310 | 254 |
| New Orleans | 5 | 7 | 0 | .417 | 321 | 327 |
| Carolina | 3 | 8 | 0 | .273 | 214 | 265 |

**NORTH**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| Chicago | 8 | 3 | 0 | .727 | 277 | 175 |
| Green Bay | 7 | 4 | 0 | .636 | 273 | 245 |
| Minnesota | 6 | 5 | 0 | .545 | 248 | 249 |
| Detroit | 4 | 7 | 0 | .364 | 267 | 280 |

**WEST**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| San Francisco | 8 | 2 | 1 | .773 | 276 | 155 |
| Seattle | 6 | 5 | 0 | .545 | 219 | 185 |
| St. Louis | 4 | 6 | 1 | .409 | 205 | 254 |
| Arizona | 4 | 7 | 0 | .364 | 180 | 227 |

## WEEK 13

**Thursday's result**
Atlanta 23 New Orleans 13
**Sunday's games — All Times Eastern**
Arizona at N.Y. Jets, 1 p.m.
Carolina at Kansas City, 1 p.m.
Indianapolis at Detroit, 1 p.m.
Jacksonville at Buffalo, 1 p.m.
Seattle at Chicago, 1 p.m.
New England at Miami, 1 p.m.
Houston at Tennessee, 1 p.m.
Minnesota at Green Bay, 1 p.m.
San Francisco at St. Louis, 1 p.m.
Tampa Bay at Denver, 4:05 p.m.
Cleveland at Oakland, 4:25 p.m.
Cincinnati at San Diego, 4:25 p.m.
Pittsburgh at Baltimore, 4:25 p.m.
Philadelphia at Dallas, 8:20 p.m.

# TRANSACTIONS

## MLB

**LOS ANGELES ANGELS —** Claimed SS Tommy Field off waivers from Minnesota.
**MINNESOTA TWINS —** Traded OF Denard Span to Washington for RHP Alex Meyer.
**OAKLAND ATHLETICS —** Agreed to terms with 3B Scott Moore on a minor league contract.
**TAMPA BAY RAYS —** Agreed to terms with 2B Mike Fontenot, OF Rich Thompson, RHP Matt Buschmann, RHP Will Inman, 1B Nick Weglarz and INF Shawn O'Malley on minor league contracts.
National League
**ARIZONA DIAMONDBACKS —** Released RHP Brad Bergesen.
**ATLANTA BRAVES —** Agreed to terms with OF B.J. Upton on a five-year contract.
**CHICAGO CUBS —** Named Scott Harris director of baseball operations.
**SAN DIEGO PADRES —** Agreed to terms with RHP Sam Holland, LHP Jeremy Gould, SS Luis Ugueto and OF Euri Minaya on minor league contracts.

## NBA

**OKLAHOMA CITY THUNDER —** Assigned G Jeremy Lamb to Tulsa (NBADL).

## NFL

**NFL —** Fined Dallas CB Mike Jenkins $7,875 for pushing Washington WR Pierre Garcon to the ground well after Garcon crossed the goal line on a 59-yard touchdown last week.
**ARIZONA CARDINALS —** Signed C Scott Wedige.
**CAROLINA PANTHERS —** Signed DT Frank Kearse from the practice squad and CB Nick Hixson to the practice squad.
**CHICAGO BEARS —** Signed G Andre Gurode. Signed WR Dale Moss and G Derek Dennis to the practice squad.
**JACKSONVILLE JAGUARS —** Placed DT D'Anthony Smith on injured reserve.
**KANSAS CITY CHIEFS —** Claimed G Hayworth Hicks off waivers from the N.Y. Jets. Released PK Matt Szymanski from the practice squad. Signed LB Quan Sturdivant to the practice squad.
**PITTSBURGH STEELERS —** Released DB Josh Victorian from the practice squad. Signed WR Bert Reed, T Joe Long and OL Justin Cheadle to the practice squad.
**SAN DIEGO CHARGERS —** Released RB Curtis Brinkley. Placed S Atari Bigby on injured reserve. Signed LB Bront Bird. Claimed WR Micheal Spurlock off waivers from Jacksonville. Signed DB Sean Cattouse to the practice squad.
**SEATTLE SEAHAWKS —** Signed WR Phil Bates to the practice squad.
**WASHINGTON REDSKINS —** Released LB Mario Addison. Claimed LB Bryan Kehl off waivers from Kansas City.

## CFL

**WINNIPEG BLUE BOMBERS —** Named Casey Creehan defensive co-ordinator and linebackers coach.

## AHL

**AHL —** Suspended Worcester D Matt Pelech three games for his actions during Sunday's game.
**MILWAUKEE ADMIRALS —** Recalled G Zoltan Hetenyi from Cincinnati (ECHL). Reassigned G Magnus Hellberg to Cincinnati.




## Horoscopes

### ♈ Aries
**March 21 - April 20**
Life is good and getting better by the moment but for some strange reason you seem to be fearing the worst at the moment. Don't worry, whatever disaster you think is lurking round the next corner will fail to materialize.

### ♉ Taurus
**April 21 - May 21**
Steer clear of disputes and disagreements that have nothing directly to do with you. If you allow yourself to be dragged in by one side or the other, you may never get out again — and you'll lose friends on both sides.

### ♊ Gemini
**May 22 - June 21**
You have worked hard to get to your present position in life, so don't feel guilty just because not everyone hasn't been as fortunate as you. Lady Luck smiles most on those who deserve it — and you do.

### ♋ Cancer
**June 22 - July 23**
An opportunity to get on in the world will arrive out of the blue today or over the weekend. It could mean a promotion but it could also mean that you pack a bag and travel to some exotic land.

### ♌ Leo
**July 24 - Aug. 23**
You have accomplished a lot this year but you know you are capable of more, so step up a gear and let the world know what a special individual you are. The planets will do something to give you a push today.

### ♍ Virgo
**Aug. 24 - Sept. 23**
You need to get over the idea that everyone sees the world the same way as you. If nothing else, it puts you at a disadvantage by making it hard for you to take on board other people's insights and discoveries.

### ♎ Libra
**Sept. 24 - Oct. 23**
You must find time in your busy schedule to let partners and loved ones know how much you care for them. On the home front, especially, you seem to have been a bit distant of late. Do some fun things together today.

### ♏ Scorpio
**Oct. 2 04 - Nov. 22**
Don't worry if certain people seem less than enthusiastic about your plans because most likely they are jealous and want to see you fail. You won't, of course. You'll succeed brilliantly and won't let them forget it.

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
If you do small favours for other people now, they will do big favours for you later on. So, make an effort and make friends with those you interact with both personally and professionally. You may need their help soon.

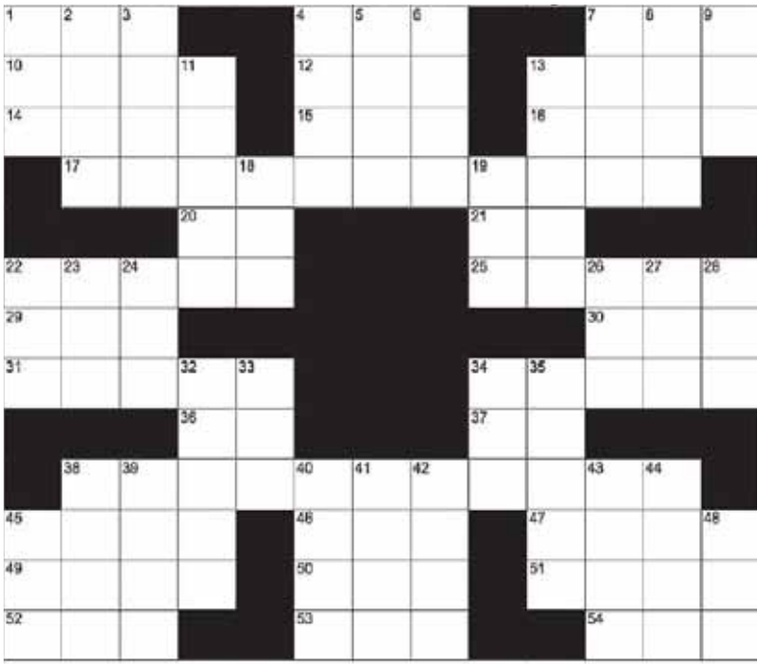
### ♑ Capricorn
**Dec. 22 - Jan. 20**
An opportunity to move up in the world will come your way today and you must grab it with both hands. It will certainly mean more work and more responsibility but since when have you been a stranger to those?

### ♒ Aquarius
**Jan. 21 - Feb. 19**
You need to make amends for something you did or something you said a while back. It may not have been your intention to be hurtful but the fact is you were and egos can be such fragile things.

### ♓ Pisces
**Feb. 20 - March 20**
Make sure you get the respect you deserve from those you work with. Sometimes you can be a bit too easygoing for your own good but today you really must put your own needs first.
**SALLY BROMPTON**

## Crossword

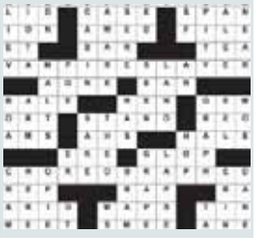
BY BETTY MARTIN



**Across**
1. Request
4. Wise old bird
7. Alice spin-off
10. Ogle
12. Prior to
13. "A Simple —"
14 Courtroom bargain
15. Plural suffix
16. Flying (prefix)
17. Novice workers
20. "That is" Latin abbr.
21. Gone with the Wind actress Olivia – Havilland
22. Tons
25. Emmy cousin
29. Time Warner cable network (abbr.)
30. Casual greeting
31. Sour
34. Frighten away
36. He played "Dirty Harry" (init.)
37. Ready – Not
38. One who finishes hair (2 words)
45. West Germany capital
46. Yes, to Angus
47. Only
49. Eager
50. Late night weekend skit show (init.)
51. Predecessor of Johnny Carson
52. Microsoft internet site (abbr.)
53. Predatory fish
54. Resort

**Down**
1. Swiss mountain
2. Actress Ward of Once and Again
3. Save for oneself
4. Sheriff Taylor's son
5. Songbird
6. — We Forget
7. On the lam
8. Phyllis's never seen husband on Mary Tyler Moore
9. Mrs. John Lennon
11. Speedy
13. Walks back and forth
18. Telephone book listing (abbr.)
19. Wedding vows
22. — Na Na
23. Canadian Broadcasting Corporation (abbr.)
24. Agency of Record (abbr.)
26. Part of a Dancing with the Stars dance
27. — Lingus
28. Deli bread
32. Cake covering
33. James Van – Beek of Don't Trust the B—in Apartment 23
34. Sun God
35. Curl
38. Swine
39. Soon
40. Envelope abbr.
41. Actress Daly of Judging Amy
42. Scream
43. Oceans
44. Ensnare
45. Emeril's favourite expression
48. Time frame

### Yesterday's Crossword



### What's online

See today's answers at metronews.ca/answers.

## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 5 | | 7 | | 4 | | 8 | |
| | | | 9 | | 5 | | | |
| 8 | | 9 | | | | 2 | | 7 |
| | | 4 | 5 | | 7 | 1 | | |
| 7 | | | | | | | | 4 |
| | | 2 | 1 | | 9 | 8 | | |
| 5 | | 1 | | | | 3 | | 8 |
| | | | 8 | | 6 | | | |
| | 6 | | 3 | | 1 | | 9 | |

### Yesterday's Sudoku



## Weather

| TODAY | SATURDAY | SUNDAY |
|---|---|---|
| MAX: -7° MIN: -7° | MAX: -8° MIN: -15° | MAX: -6° MIN: -10° |



BT BREAKFAST TELEVISION

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**METEOROLOGIST**
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**WEEKDAYS 5:30 AM**

THE NAME OF JESUS

Jesus came and spoke to them, saying, "All authority has been given to me in heaven and on earth."(Mathew 28:18) This statement buttresses the dimension and magnitude of the power of Jesus. Are you being threatened by both physical and spiritual forces? Have you been sentenced to death by that terminal disease? Refuse to surrender, call upon the name of the Lord Jesus Christ which has the final authority to free you.

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